



2023 Twin Cities In Motion Events Public Health and Safety Update

What should I know about public health and safety at Twin Cities In Motion events?

Twin Cities In Motion is excited to offer its 2023 calendar of events as in-person events with virtual options. The 2023 calendar consists of:

- Hot Dash (5k, 10 Mile, and Tater Trot): Saturday, March 25
- Get In Gear (5k, 10k, Half Marathon, and Sprocket Spring): Saturday, April 29
- Women Run the Cities (5k, 10k, 10 Mile, and Kids Run the Cities): Saturday, May 20
- Medtronic Twin Cities Marathon Weekend:
 - Marathon, 10 Mile: Sunday, October 1
 - 10k, 5k, Mile, Half Mile, Toddler Trot, and Diaper Dash: Saturday, September 30
- Turkey Day 5k: Thursday, November 23

Safety has always been our organization's top priority, and continuing to organize COVID-safe events as large-scale in-person races have returned to the Twin Cities is our guiding star. We continue to monitor COVID-19 and all other public health and safety risks, and will evaluate and update our event safety protocols so that they are properly calibrated on event weekend. Any event changes or updated protocols will be communicated in the Pre-Race Email sent race week. The types of changes or protocols that could be considered include (but are not limited to):

- Assuring that extra space will be available at all areas throughout the event;
- Elimination of the most dense gathering areas or heavy touchpoints; and
- Required masking in higher-risk areas (masks will not be required while running).

Twin Cities In Motion will follow all relevant guidance regarding COVID-19 and is committed to providing a safe and secure event.

What happens if the event is cancelled due to COVID-19?

Twin Cities In Motion has instituted a partial cash refund policy where participants and TCM share the risk of another event cancellation. If state or local authorities mandate a race cancellation due to the COVID-19 pandemic, in-person race registrations will be converted to a virtual event, paying participants will be mailed all participant amenities and receive a partial cash refund as follows (participants who received comped entries will be mailed all participant amenities, but will not receive a partial cash refund):

- 5k/10k: \$10
- 10 Mile/Half Marathon: \$20
- Marathon: \$40
- TC Loony Challenge: \$40
- TC Ultra Loony Challenge: \$55
- Marathon Weekend Mile, Half Mile, Diaper Dash, Toddler Trot: No refund or virtual race
- Tater Trot, Sprocket Scamper, and Kids Run the Cities: No gear mailing or virtual refund
- Virtual Registrants: Event not impacted



What happens if the event is cancelled due to factors other than COVID-19?

Registration for all Twin Cities In Motion events is non-refundable after 48 hours from the time of registration. (To request a refund, email info@tcmevents.org within 48 hours of when you submitted your registration. If accepted, you will be refunded your race entry fee; online transaction fees are non-refundable.)

After that time, entry fees are not refundable partially or in full under any circumstances excepting those outlined in our COVID-19 Cancellation policy (see above), including but not limited to cancellation of the event or of your participation, or change in the date, nature or format of the event. An Event may be cancelled or changed for any reason, including, without limitation, severe weather or other factors that threaten the safety of participants, staff, volunteers, or the community. Cancellation or change of the date, nature, or format of an Event may be mandated by government officials or otherwise be at the discretion of TCM. TCM reserves the right to change the details of the Event, such as date, start time, course, distance and/or amenities offered in connection with the Event.