

2019 MARATHON MAP



KEY		
MARATHON COURSE	COURSE SUPPORT	NOTABLE LOCATIONS
<ul style="list-style-type: none"> 26.2 MILE MARKERS START: 600 PARK AVE S. MINNEAPOLIS, MN 55415 FINISH: JOHN IRELAND BLVD. (SAINT PAUL CAPITOL GROUNDS) 	<ul style="list-style-type: none"> FLUID STATIONS: INCLUDES: MEDICAL, TOILETS, WATER, GATORADE ENDURANCE FORMULA ENDURANCE: NUTRITION PROVIDED AT MILE 17, WHILE SUPPLIES LAST MEDICAL 	<ul style="list-style-type: none"> AWESOME SPECTATOR SPOTS COMPLIMENTARY PARTICIPANT PHOTOS PRESENTED BY GREAT CLIPS

MAP SUBJECT TO CHANGE. CHECK TCMEVENTS.ORG FOR UPDATES.



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MARATHON ELEVATION CHART

