

# Twin Cities in Motion, MNy 250 – COVID Risk Mitigation Protocol

## Event Overview

**Date:** Saturday, September 12

**Venue:** Valleyfair (1 Valleyfair Dr, Shakopee, MN 55379)

**Current (August 14) Maximum Number of Persons Allowed On-site For Outdoor Recreation in a Closed Venue:** 250

**Maximum Registrations Accepted:** 900 (in 4 separate sessions of 225 runners)

**Maximum event staff/volunteers/facilities staff on-site:** 25

## Introduction

As Minnesota gradually and safely reopens, Twin Cities in Motion understands that events during and even after the pandemic won't look like they did before. This COVID Risk Mitigation Protocol is intended for a specific event held at Valleyfair under the conditions specified above and to adhere with all current federal, state, and local restrictions and guidance. Twin Cities in Motion will continue to monitor industry best practices, public health guidance, and governmental restrictions and reserves the right to adjust this plan for future editions of this or other events as restrictions, guidance, or best practices evolve in order to best assure the safety of all event participants, staff, volunteers, and (if relevant) other attendees.

### The Basics

Twin Cities In Motion safety measures include:

- Limiting the event size (participants and organizers) to 250 people
- Contact-free packet pick up and post-race walk-off
- Hand sanitizing stations and in-event sanitization of surfaces
- All race officials masked throughout the event, and gloved in interactive roles

Rules participants are expected to follow include:

- Submitting to touch-free body temperature check before admittance to venue
- Only registered runners allowed into the event venue
- Mandatory mask-wearing prior to and after the race itself
- Maintenance of physical distancing while in the venue
- Starting your race in small, staggered waves

Find comprehensive safety protocol information below.

## 1. General Measures

- a. Twin Cities In Motion shall distribute this reopening protocol to all participants, staff, venue owners, stakeholders, permitting officials, and volunteers prior to the events.
- b. Anyone demonstrating signs or symptoms of Covid-19, including staff, volunteers, or participants, will be asked not to attend the MNy250 event. This will be communicated by email prior to the event, and with signage at the entrance to the event.
- c. Any participant demonstrating signs or symptoms of Covid-19 when screened at the event site or self-reporting them in advance will be offered to defer their entry, free of cost, into a future edition of the MNy250 series at least 14 days in the future. This is intended to encourage attendees not to hide symptoms or risk factors during the screening, and to avoid the event site altogether if they have reason to believe they have been exposed to Covid-19.
- d. Contactless temperature checks of all entrants shall be performed at the venue entrance. Anyone with a temperature of 100.4 degrees Fahrenheit or greater will not be permitted to enter.
- e. Twin Cities in Motion will abide by current limit of people for outdoor recreation in a closed venue (currently: 250), and social distancing will be maintained at the race start and staggered start times utilized to reduce density of runners on-course.
  - i. 225 participants will be allowed on-site at a time, with races starting at 8am and 11am
  - ii. Runners from the 8am session will be allowed on-site 7am-9:45am, runners from the 11am session will be allowed on-site 10am-12:45pm.
  - iii. Runners will be checked against a list of registrants and will only be allowed into the venue for their assigned session, and staff will clear the venue of runners before the next session's arrival time.
- f. Runners shall be required to bring their own face covering to the event, which they must wear while in the designated face covering zones at the event.
- g. Twin Cities In Motion will have quantities of face coverings sufficient to provide to anyone who fails to bring their own face covering with them to the event.
- h. Twin Cities in Motion shall follow state and local guidelines to determine the safe number of attendees allowed at any given time.
- i. Spectators will not be allowed entry to MNy250 events unless they are attending to accompany a participating minor.
- j. All staff and volunteers will wear a gloves and medical grade mask while on-site. Additional precautions will be taken as needed in areas where staff or volunteers will regularly interact with participants.
- k. Twin Cities In Motion planning staff will continually monitor state, local, and CDC guidance leading up to the event and may amend this plan as necessary.

## 2. Sanitary Measures

- a. In all Interactive Areas there shall be reduced customer touchpoints, and other safety measures in place to mitigate the risk of airborne and touch surface disease transmission. The following measures will be taken to ensure increased safety in each Interactive Area:
  - i. Pre-marked spacing on the ground where queues are expected to form of at least six feet of separation.
  - ii. Participants are required to wear face coverings in all Interactive Areas.
    - 1. Participants only allowed to remove face covering once they have crossed the start line and must put face covering on once they exit the finish line and enter the post-finish area.
  - iii. Hand sanitizer will be readily available for staff, volunteers, vendors and participants at each Interactive Area.
- b. TCM will perform frequent cleaning and sanitization of customer touch points throughout Interactive Areas during the event, when possible.
- c. Increase the quantities of sinks, and sanitizer stands to limit lines, ensure adequate stock, and account for increased time for sanitization and restocking.
- d. There will be ample hand sanitizer/hand-washing stations in all Interactive Areas.
- e. There will be at least 6' spacing between portable restrooms
- f. Twin Cities in Motion will create as many "contactless" zones as possible inside venue, including:
  - i. Packet Pick Up
  - ii. Aid Station (if applicable, only in case of dangerously high heat or humidity)
  - iii. Post-Finish Food

### **3. Venue Entrance & Parking Lot Plan**

- a. Vehicles will be allowed to enter through a designated entry only, which will be staffed by Check-in staff/volunteers.
- b. Vehicles to park in assigned parking lot(s) only.
- c. "Face covering required" signage shall be prominently displayed upon entrance to the venue and at designated parking lot(s), explaining policy
- d. All entering the facility are to be checked against a list to assure that they are either staff, registered participants, or registered volunteers.
  - i. If a child requires an accompanying adult, that information will be captured in registration and that adult will be allowed in and count against the event's registration cap

### **4. Screening Check Point**

- a. "Face covering required" signage shall be prominently displayed in advance of and at the Screening Checkpoint, explaining policy
- b. The Screening Checkpoint will be located at the entrance to a clearly delineated area which will contain the Packet Pick-up Area.

- c. Everyone will be required to pass through the Screening Checkpoint in order to pick up their packet, and to be checked against a list to assure that they are either staff, registered participants, or registered volunteers.
- d. The Screening Checkpoint volunteers will conduct a screening which will consist of a touchless temperature reading, with anyone receiving a confirmed reading of 100.4 or greater being turned away.
  - i. Anyone turned away will have their name captured and be sent an email from TCM on how to defer their entry to a MNy 250 14+ days in the future

## **5. Packet Pick Up**

- a. Packet Pick Up will be a contactless zone.
- b. Race packets are set out on tables, spaced 6' apart or further. There will be twenty-five (25) packets per six-foot table, with nine (9) total tables, per session.
- c. Race packets are packaged in advance at a safe and sanitary facility, and transported to the event, set out on each table, with clear markings as to who is at each table.
- d. There will be markings between and within participant check-in lanes to maintain 6' of separation while queuing.
- e. After picking up their packets, runners will be instructed to leave the Packet Pick-up Area through a separate entrance than the Screening Checkpoint and stage throughout the Valleyfair parking lot within earshot of Start Line announcements while wearing their mask but maintaining social distance.

## **6. Start Area**

- a. After picking up their bibs, participants will be required to spread out in the general vicinity of the Start Area.
  - i. Runners will be required to maintain social distance at this time
  - ii. The space designated for this congregating is over 150,000 ft<sup>2</sup> and has ample space for 250 people to maintain social distance.
  - iii. Signs and announcements will be regularly placed around this area reminding participants to maintain social distance and that masks are required until their Wave's start.
- b. The Start Corral will:
  - i. Be a fully-enclosed area with an entrance staffed by volunteers.
  - ii. Be a large enough space to maintain social distancing of at least 6' for over 25 runners
  - iii. Have at least 25 markings 6'+ apart that runners will be required to stand on during staging within each Wave.
  - iv. Have signage saying and be within earshot of regular announcements telling runners they must wear their mask until their Wave's start.
- c. Start procedures will consist of:
  - i. Athletes' Wave will be determined by their bib number;

- ii. Wave 1 athletes will stage on the markings in the Start Corral upon an announcement audible in the entire Start Area at 10 minutes before their session's first start time (e.g., 7:50am for the 8:00am session);
  - iii. All other athletes will maintain social distance in the Start Area outside of the Start Corral.
  - iv. All athletes will clear the Start Line within 20 seconds of the start of their Wave.
  - v. Wave 2 athletes will be called into the Start Corral between 30 seconds and 2 minutes after the start of the previous wave to stage on the markings in the Start Corral upon an announcement audible in the entire Start Area.
  - vi. Wave 2 athletes will start 5 minutes after Wave 1, and the same timing will be maintained for Waves 3-5.
  - vii. Starts will be staggered, with each Waves consisting of no more than 25 runners to enable social distancing at the start and on course.
  - viii. Signage and announcements will inform runners that they are allowed to remove their mask, but are not allowed to discard their mask once the race starts.
  - ix. Bib numbers will be assigned based on predicted time in the registration process, so that each wave will consist of runners of similar speeds to reduce the amount of passing on course, and encourage social distancing guidelines.
- d. Staff and volunteers will be present at the Start Line Corral Entrance to assure the area does not exceed capacity, that only athletes from the correct Wave enter at any time, and that runners maintain social distancing and wear their masks while staging in the corrals.

## **7. Finish Line**

- a. Finish Line is defined as the enclosed area after the physical finish line and before exit into Post-Finish Area. TCM have only minimum of staff/volunteers in this area to keep people moving and maintain social distancing.
- b. Face covering zone signage at exit of Finish Line
- c. Participants are required to wear mask before proceeding to Post-Finish Area, where they receive food and water.
- d. Face covering distribution point set up at exit of Finish Line for any participants who have lost their mask.

## **8. Post-Finish Area**

- a. Face covering required once participant exits Finish Line and enters Post-Finish Area.
- b. There will be signage, announcements, and staff enforcement of the face covering policy in the Post-Finish Area.
- c. Participants are required to wear a face covering when not eating or drinking once in the Post-Finish Area

- d. Post-Finish Area to consist of tables with basic nutritional needs of runners, all individually wrapped/pre-packaged, placed on tables by staff.
- e. All tables to be placed at least 6' apart, with markings on ground for 6' spacing as necessary.
- f. Participants wanting to "cool-down" encouraged to do so outside of defined venue area. To be communicated to participants prior to event day and during regular announcements on-site.

**9. Medical Tent**

- a. To follow adjusted COVID protocols as deemed necessary by TCM Medical Director.

**10. Logistics/Equipment Procedures**

- a. All staff/volunteers will be in masks at all times while on-site
- b. Hand sanitizer will be available at high traffic areas.
- c. Increased wipe down of highly touched areas.
- d. Each piece of equipment will have individual handling and cleaning procedures, per its specific nature.
- e. Volunteer supplies will all be pre-packed and picked up from the TCM office.
- f. At the completion of the event all equipment used will be disinfected as needed.