

# Twin Cities In Motion, MNy 250 - COVID Risk Mitigation Protocol

## Event Overview

**Dates:** September 16 and September 23, 2020

**Venue:** Minnesota Landscape Arboretum (3675 Arboretum Dr, Chaska, MN 55318)

**Current (September 14) Maximum Number of Persons Allowed On-site for Outdoor Race Events:** 250

**Maximum Registrations Accepted:** 225

**Maximum event staff/volunteers/facilities staff on-site:** 25

## Introduction

As Minnesota gradually and safely reopens, Twin Cities in Motion (TCM) understands that events during and even after the pandemic won't look like they did before. This COVID Risk Mitigation Protocol is intended for a specific event held at the Minnesota Landscape Arboretum under the conditions specified above and to adhere with all current federal, state, and local restrictions and guidance. TCM will continue to monitor industry best practices, public health guidance, and governmental restrictions and reserves the right to adjust this plan for future editions of this or other events as restrictions, guidance, or best practices evolve in order to best assure the safety of all event participants, staff, volunteers, and (if relevant) other attendees.

### The Basics

Twin Cities In Motion safety measures include:

- Limiting the event size (participants and organizers) to 250 people
- Contact-free packet pick up and post-race walk-off
- Hand sanitizing stations and in-event sanitization of surfaces
- All race officials masked throughout the event, and gloved in interactive roles

Rules participants are expected to follow include:

- Submitting to touch-free body temperature check before admittance to venue
- Only registered runners allowed into the event venue
- Mandatory mask-wearing prior to and after the race itself
- Maintenance of physical distancing while in the venue
- Starting your race in small, staggered waves

Find comprehensive safety protocol information below.

## **1. General Measures**

- a. TCM shall distribute this reopening protocol to all participants, staff, venue owners, stakeholders, permitting officials, and volunteers prior to the events.
- b. Anyone demonstrating signs or symptoms of Covid-19, including staff, volunteers, or participants, will be asked not to attend the MNy 250 event. This will be communicated by email prior to the event, and with signage at the entrance to the event.
- c. Contactless temperature checks of all entrants shall be performed at the venue entrance. Anyone with a temperature of 100.4 degrees Fahrenheit or greater will not be permitted to enter.
- d. TCM will abide by current limit of people for outdoor race events (currently: 250), and social distancing will be maintained at the race start and staggered start times utilized to reduce density of runners on-course
- e. Runners shall be required to bring their own face covering to the event, which they must wear while in the designated face covering zones at the event.
- f. TCM will have quantities of face coverings sufficient to provide to anyone who fails to bring their own face covering with them to the event.
- g. TCM shall follow state and local guidelines to determine the safe number of attendees allowed at any given time.
- h. Spectators will not be allowed entry to MNy250 events unless they are attending to accompany a participating minor.
- i. All staff and volunteers will wear a mask while on-site. Additional precautions, including wearing gloves, will be taken as needed in areas where staff or volunteers will regularly interact with participants.
- j. TCM planning staff will continually monitor state, local, and CDC guidance leading up to the event and may amend this plan as necessary.

## **2. Sanitary Measures**

- a. In all Interactive Areas there shall be reduced customer touchpoints, and other safety measures in place to mitigate the risk of airborne and touch surface disease transmission. The following measures will be taken to ensure increased safety in each Interactive Area:
  - i. Pre-marked spacing on the ground where queues are expected to form of at least six feet of separation.
  - ii. Participants are required to wear face coverings in all Interactive Areas.
    1. Participants only allowed to remove face covering once they have crossed the start line and must put face covering on once they exit the finish line and enter the post-finish area.
  - iii. Hand sanitizer will be readily available for staff, volunteers, vendors and participants at each Interactive Area.
- b. TCM will perform frequent cleaning and sanitization of customer touch points throughout Interactive Areas during the event.

- c. Increase the quantities of sinks, and sanitizer stands to limit lines, ensure adequate stock, and account for increased time for sanitization and restocking
- d. There will be ample hand sanitizer/hand-washing stations in all Interactive Areas.
- e. TCM will create as many “contact-less” zones as possible inside venue, including, but not limited to:
  - i. Packet Pick Up
  - ii. Aid Station (if applicable, only in case of dangerously high heat or humidity)
  - iii. Post-Finish Food

### **3. Venue Entrance & Parking Lot Plan**

- a. Vehicles will be allowed to enter through a designated entry (the Gatehouse entry) only, which will be staffed by Check-in Volunteers along with Arboretum Security staff.
- b. Vehicles to park in assigned parking lot(s) only.
- c. “Face covering required” signage shall be prominently displayed upon entrance to the venue and at designated parking lot(s), explaining policy.
- d. All entering the facility are to be checked against a list to assure that they are either staff, registered participants, or registered volunteers.
  - i. If a child requires an accompanying adult, that information will be captured in registration and that adult will be allowed in and count against the event’s registration cap

### **4. Screening Checkpoint**

- a. All participants will be required to exit the parking lot through a designated route, which will be staffed by Screening Check-Point volunteers.
- b. “Face covering required” signage shall be prominently displayed in advance of and at the Screening Checkpoint, explaining policy
- c. The Screening Checkpoint will be located at the entrance to a clearly delineated area which will contain the Packet Pick-up Area.
- d. Everyone will be required to pass through the Screening Checkpoint in order to pick up their packet.
- e. The Screening Checkpoint volunteers will conduct a screening which will consist of a touchless temperature reading, with anyone receiving a confirmed reading of 100.4 or greater being turned away.
  - i. Anyone turned away will have their name captured and be sent an email from TCM on how to defer their entry to a MNy 250 14+ days in the future

### **5. Packet Pick Up**

- a. Packet Pick-up will be a contact-less zone.
- b. Race packets are set out on tables, spaced 6’ apart or further. There will be twenty (25) packets per six-foot table, with nine (9) total tables.

- c. Race packets are packaged in advance at a safe and sanitary facility, and transported to the event, set out on each table, with clear markings as to who is at each table.
- d. There will be markings between and within participant check-in lanes to maintain 6' of separation while queuing.

## **6. Start Area**

- a. After picking up your bibs, runners will be required to spread out in the general vicinity of the Start Area.
- b. The Start Corral will:
  - i. Be a fully enclosed area with an entrance staffed by volunteers.
  - ii. Approximately 28' wide by 100' long with an entrance on the side furthest from the Start Line.
  - iii. Have at least 25 markings 6'+ apart that runners will be required to stand on during staging within each Wave.
  - iv. Have signage saying and be within earshot of regular announcements telling runners they must wear their mask until their corral's start.
- c. Start procedures will consist of
  - i. Athletes' Wave will be determined by the number on their bibs;
  - ii. Wave 1 athletes will stage on the markings in the Start Corral upon an announcement audible in the entire Start Area at 5:50pm.
  - iii. All other athletes will maintain social distance in the Start Area outside of the Start Corral.
  - iv. Wave 1 athletes will start at 6:00:00pm, and all clear the Start Line by 6:00:20pm.
  - v. Wave 2 athletes will be called into the Start Corral between 6:00:20pm and 6:01:00pm to stage on the markings in the Start Corral upon an announcement audible in the entire Start Area.
  - vi. Wave 2 athletes will start at 6:05:00pm, and all clear the Start Line by 6:05:20pm, and the same timing will be maintained for Waves 3-5 (see attached Event Day Timeline)
  - vii. Starts will be staggered, with each Wave consisting of no more than 25 runners to enable social distancing at the start and on course.
  - viii. Signage and announcements will inform runners that they are allowed to remove their mask but are not allowed to discard their mask once the race starts.
  - ix. Bib numbers will be assigned based on predicted time in the registration process, so that each wave will consist of runners of similar speeds to reduce the amount of passing on course, and encourage social distancing guidelines.
- d. Staff and volunteers will be present at the Start Corral Entrance to assure the area does not exceed capacity, that only athletes from the correct Wave enter at any time, and that runners maintain social distancing and wear their masks while staging in the corrals.

## **7. Finish Line**

- a. Finish Line is defined as the enclosed area after the physical finish line and before exit into Post-Finish Area.
- b. Face covering zone signage at exit of Finish Line
- c. Participants are asked to wear mask before proceeding to Post-Finish Area, where they receive food and water.

## **8. Post-Finish Area**

- a. Face covering required once participant exits Finish Line and enters Post-Finish Area.
- b. There will be signage, announcements, and staff enforcement of the face covering policy in the Post-Finish Area.
- c. Participants are required to wear a face covering when not eating or drinking once in the Post-Finish Area
- d. Post-Finish Area to consist of tables with basic nutritional needs of runners, all individually wrapped/pre-packaged and bagged as a unit, placed on tables by staff.
  - i. This is a contactless area, with runners to pick up their own bag of food and not be handed it by staff.
- e. All tables to be placed at least 6' apart, with markings on ground for 6' spacing as necessary.
- f. Encourage participants wanting to "cool-down" to do so outside of defined venue area. To be communicated to participants prior to event day and during regular announcements on-site.

## **9. Medical**

- a. To follow adjusted COVID protocols as deemed necessary by TCM Medical Director.

## **10. Logistics/Equipment Procedures**

- a. All staff/volunteers will be in masks and have gloves on at all times while on-site
- b. Hand sanitizer will be available at high traffic areas.
- c. Increased wipe down of highly touched areas.
- d. Each piece of equipment will have individual handling and cleaning procedures, per its specific nature.
- e. At the completion of the event all equipment used will be disinfected as needed.