



The Shortcut to the Capitol®

RACE WEEKEND SCHEDULE

Friday, September 30	
Hospitality & Massage Registration/Packet Pick Up Athlete Press Conference	Opens in am Opens in am 12:30 pm
Saturday, October 1	
Hospitality & Massage Registration/Packet Pick Up TC 10 Mile Technical Meeting	Opens in am Opens in am 1:30 pm
Sunday, October 2	
Transportation to start Women's race start Men's race start Post-race party	5:30 am TBD 7:00 1:00 pm

Contact Information:

Jim Estes (Professional Athlete Recruiter)
EstesJimA@gmail.com, 502-419-6642

David Smisek (10 Mile Pro Athlete
Committee Chair)
djsmisek@msn.com, 651-208-5453

TRANSPORTATION

Shuttle service provided to and from MSP Airport.

Race day transportation from host hotel to start line staging.



LODGING

Host hotel: InterContinental Saint Paul-Riverfront (11 Kellogg Blvd East, Saint Paul, MN 55101).



AMENITIES

Full hospitality suite provided Friday – Sunday.

Complimentary sports massage & therapy at host hotel.

Pre-race pasta dinner (Sat) hosted by TCM.



PRIZE PURSE

\$81,000 Total Purse

Prize purse categories and breakdown found at tcmevents.org.

\$10,000 Equalizer Bonus awarded to the first athlete, man or woman, to cross the finish line. Women receive a head start based on recent performances of the field.



ANTI-DOPING

TCM has a zero tolerance anti-doping policy, in accordance with policies of USATF & the IAAF. All professional & competing athletes may be subject to drug testing conducted by USADA. Details found at the link to the right.

Twin Cities In Motion is proud to host the 2022 USATF 10 Mile Championships

More info at
tcmevents.org