

RED, WHITE & BOOM!

TC HALF MARATHON, RELAY & 5K | JULY 4TH, 2017



**RED, WHITE
& BOOM!**
TC HALF MARATHON,
RELAY & 5K

PACE TEAMS

Pace teams will be available for the half marathon only.

Allow our pace leaders to help you meet your goal finish time! Twin Cities In Motion pace team leaders will be identifiable by their bright yellow singlets. Pacers will hold signs on a stick indicating pace and goal time and will be in the starting corral 20 minutes before start of the race.

TIMES AND LEADERS

Goal	Pace	Pace Team Leader
1:30	6:50	Ed Nordstrom
1:40	7:40	Jim Winkels
1:50	8:25	Mike Kaiser
1:55	8:50	Seigo Masubuchi
2:00	9:10	Paul Stein Gwen Thomas
2:05	9:30	Kelli Mutschler
2:10	9:55	Kim Burns
2:20	10:40	Michelle Squire
2:30	11:30	Tonya Dunn
2:40	12:10	Mohan Chettiar
3:00	13:45	Aubree Derksen



TWIN CITIES IN MOTION