

Medtronic TC 10 MILE

2026 10 Mile Map

KEY		
10 MILE COURSE	COURSE SUPPORT	NOTABLE LOCATIONS
10 MILE COURSE MILE MARKERS START 600 S 3RD ST. MINNEAPOLIS, MN 55415 FINISH JOHN IRELAND BLVD. (SAINT PAUL CAPITOL GROUNDS)	FLUID STATIONS INCLUDES: MEDICAL, TOILETS, WATER, NUUN HYDRATION nuun HYDRATION MEDICAL	AWESOME SPECTATOR SPOTS SUMMIT BREWING CO BEER GARDEN BIOFREEZE BIOFREEZE PAIN RELIEF ZONE

MAP SUBJECT TO CHANGE. CHECK TCMEVENTS.ORG FOR UPDATES.



10 MILE ELEVATION CHART

The elevation chart shows the profile of the 10-mile course. The y-axis represents Elevation (Feet) from 750 to 950. The x-axis represents Mile Markers from 0 to 10. The chart shows a relatively flat course with a slight rise around mile 7 and a slight dip around mile 4.

Mile Marker	Elevation (Feet)
0	800
1	820
2	780
3	820
4	780
5	800
6	850
7	900
8	900
9	900
10	880

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