

For the CITY SEEKER

Shows & Shopping



- **The 50th Street Shops:** antiques, jewelry, clothing, boutiques, galleries
- **Catch a show at:** The Green Room, Cedar Cultural Center, The Armory, First Avenue, Orchestra Hall, Varsity Theater.
- **Shelby Street shopping:** antiques, plant store, vintage clothes, gift shops
- **Watch a movie at a local theater:** The Main Cinema, Riverview Theater, Highland Theater, The Grandview.

Museums & Attractions

- Amusement Parks: Valleyfair and Mall of America
- Minneapolis Institute of Art (FREE)
- The Walker Center
- Minneapolis farmers market
- The Como Conservatory and Zoo (FREE)
- Wabasha Street Cave swing dancing
- University of Minnesota Landscape Arboretum
- Watch a Lynx or Twins game
- **Fall Activities:** Aamodt's Apple Farm for apple picking, Apple Jack Orchards Delano for sweet treats, a pumpkin patch, and a corn maze



Drinks & More!



- **Food and drink:** The Nook, Matts bar, Gus Gus, Centro, Toms Watch Bar, Bar + Cart
- **Bars with a twist:** Can Can Wonderland, Berlin Jazz Bar, Volstead's Emporium, Black stack, Hewing Hotel, Billy After Dark, Emeralds Lounge, Up-Down Minneapolis, Edwards Dessert Bar
- **Places with Ambiance:** Aster Cafe, Victor's Cafe, Stargazer, Spoon and Stable, Owamni, Nicollet Island Inn, Riva Terrace, CrowBar



For the FOODIE



Breakfast and Coffee

- **Breakfast and Brunch:** Hi Lo, High Hat, Dianas Place, Heathers, Ideal Diner, Modern Times, Lito's Burritos, Original Pancake House
- **Coffee shops with a unique taste or feel:** Caydence Records & Coffee, Angry Catfish, The Café Meow, Backstory, FRGMNT Coffee, The Briar Bar, Haraz Coffee House, Caffetto Coffee House, Flava Coffee & Cafe, Mojo Coffee Gallery

Show your Bib Deals

- **Coffee:** Yellowbird Coffee Bar (buy any coffee get one free) Phe Coffee (15% off) Backstory Coffee (20% off on coffee and grounds), Still Grind Coffee, (15% off large drinks)
- **Dinner:** Bole (25% off on select dishes), Tori Ramen (starting 9/29 Ramen special and 15% off post race), Boludo (20\$ carb load dinner and side), Ertale (10% off), Hell's Kitchen, StormKing BrewPub & Barbeque (free beer).



Dinner and Lunch



- **Dinner:** Cheng Heng, Gai Noi, Estelle, Vinai, Mama Safias' Kitchen, Chimborazo, Phi Chay Thai, Red Sea Ethiopian, Sanjusan, Blue Door, Reckangle Pizza, Cossetta, Indígena by Owamni
- **Meals for under 20:** Big Island Poke, Ono Hawaiian, Holy Land, Matt's bar (Juicy Lucy), Afro Deli, iPho by Saigon, Toma Mojo Grill, Lu's Sandwiches, Hmongtown Marketplace, Kramarczuk's

For the NATURE LOVERS



Bike Rides and Runs

Bike:

- The Dakota Rail Trail and stop for Açai at Nautical Bowls
- The greenway with a quick stop at Midtown Global Market for lunch
- Along Summit and spot some Victorians
- The Mississippi River from East River Road to West River Parkway.

Run:

- Along the West River Parkway and stop by Prospect Park to visit the Witch's Hat Tower
- The Pike Island Loop trail
- Along the Stone Arch Bridge
- In the remnants of Minneapolis' historic flour milling industry at Mill Ruins Park
- on Boom Island Park

Swimming & Water Sports

- Float in a tube at hidden beach Cedar Lake
- Go for a swan ride on Lake Harriet
- Paddle board at Bde Maka Ska
- Kayak on the Mississippi River
- Go tubing at Welch River
- Mississippi River water taxi
- Splash Valley water park
- Go fishing at Lake Minnetonka
- Swim in the Webber Natural Swimming Pool at Webber Park
- Catch a River Rats water skiing show through August



Parks & Good Views



Parks:

- Interstate State Park
- Eloise Butler Wildflower Garden and Bird Sanctuary
- Harriet Island Regional Park
- Loring Park
- Powderhorn park
- Minnehaha Regional Park
- Afton State Park
- Westwood Hills Nature Center

Lookouts:

- St. Anthony Main
- Franklin Avenue Bridge
- Stone Arch Bridge
- Foshay Observation Deck
- Stillwater Overlook
- Olson Park
- High Bridge Overlook

A group of female marathon runners in various athletic gear are running on a paved road. The runner in the foreground is wearing a red top and black shorts, with a race bib number 87. Another runner next to her is wearing a black top and black shorts, with a race bib number 17. They are both smiling and have their arms raised in celebration.

For the BUCKET LIST

Roadside Attractions

- Big Ole, Alexandria
- Otto the Otter, Fergus Falls
- World's Largest Ball of Twine, Darwin
- World's Largest Loon on Land, Vergas
- World's Largest Raspberry, Hopkins
- World's Largest Hockey Stick, Eveleth
- Paul Bunyan & Babe the Blue Ox, Lake Bemidji
- Barefoot Frida, Detroit Lakes
- Minnesota's Largest Candy Store, Jordan
- World's Largest Boot, Red Wing
- Spoonbridge and Cherry, Minneapolis



Minnesota Staples



- Explore Duluth and the North Shore
- Canoe in the Boundary Waters
- See Split Rock Lighthouse
- Eat a Juicy Lucy at Matt's Bar
- Take a tour of Mystery Cave State Park or a swing dance in Wabasha Street Caves
- Explore the Twin Cities' many breweries with a tasting tour
- Go white water rafting on the St. Louis River
- Eat your way through the Minnesota State Fair
- Try and catch the Northern Lights at Voyageurs national Park