

FRIDAY

5.15.26

AFTERNOON: ARRIVAL & CHECK- IN

Arrive in Minneapolis/St. Paul and check into your accommodation. Take some time to settle in.

AFTERNOON/EVENING: EXPLORE MINNEAPOLIS/ST. PAUL



Enjoy a sunset at Bde Maka Ska Lake!



Explore the Historic Summit Ave

EVENING: PRE-RACE PASTA!

Join fellow runners for a carb-loading dinner at a pasta-friendly restaurant. Hydrate well and get plenty of rest before the race.

Pasta Restaurants:

- Bar La Grassa
- Red Rabit
- EaTo
- Dario
- Cossettas
- La Grolla
- Broders Pasta Bar
- Sanjusan

SATURDAY- RACE DAY!

5.16.26

MORNING: PNC WOMEN RUN THE CITIES

Wake up early, have breakfast, and arrive at the race site by 8:00 AM. Join the PNC Women Run the Cities event—5K, 10K, or 10 Mile—and enjoy the race energy!

Race Start Address: Minnehaha Falls Regional Park, Minneapolis, MN, USA

Pre-Race Breakfast:

- Nautical Bowls
- Asa's Bakery
- The Dripping Root
- Hot Hands Pie & Biscuit

LATE MORNING: POST RACE CELEBRATION

Celebrate at the finish line with a Mimosa Bar, snacks, and live music. Share stories and photos with friends and fellow participants to commemorate the experience!

EVENING: CELEBRATION DINNER & COCKTAILS

Restaurants:

- Phi Chay Thai
- Bole Ethiopian
- Matt's Bar and Grill
- Market at Malcolm Yards
- Myriel
- El Sazon Cocina & Tragos
- Gai Noi
- Diane's Place
- Estelle

Events and things to do:

- Art-A-Whirl, Northeast Minneapolis
- 5th Annual Flea Market Event Show
- Harry Potter and the Cursed Child
- Berlin Jazz Bar
- Up-Down Minneapolis
- Green Room
- The Comedy Corner
- Blackstack Brewing Game Bar

SUNDAY

5.17.26

MORNING: BRUNCH

Brunch Spots:

- May Day Cafe
- Hi Lo Diner
- Razava Bread Co.
- Zoey's Bakery and Cafe
- Eggy's Diner
- French Meadow Cafe
- Cafe Astoria
- High Hat

LATE MORNING ACTIVITES:

- Go antiquing and shop for souvenirs and vintage clothing on Shelby Ave (Patina, Everyday People, Mall of Saint Paul)
- Visit the Minneapolis Institute of Art (FREE)
- Take a stroll around the Como Conservatory and then hop on over to the Como Zoo (FREE)
- Enjoy drinks and crafts at Upstairs Circus

EVENING: FAREWELL DINNER & TOAST

End your weekend with a celebratory dinner and toast to friendship, empowerment, achievements, and unforgettable memories from your Minneapolis/St. Paul girls' trip.

More Restaurants and Sweet Treats!

- Curry Corner
- Red Cow
- Vinai
- Sole Cafe Korean Restaurant
- Edwards Dessert Bar
- Cossetta
- Marissa Bakery