



TC 10K

PRESENTED BY
DERMATOLOGY CONSULTANTS

TWIN CITIES IN MOTION

TC 10K Course Support Information

Location	Mile (Approx.)	Side of Road	Water	Nuun Sport	Gels	Toilets
Summit Ave & N Milton St	1.8	Right	Yes	Yes	No	Yes
Summit Ave & S Milton St	4.2	Right	Yes	Yes	No	Yes
Summit Ave & MacKubin St (South side)	5	Right	Yes	Yes	No	Yes

Nuun flavor is Sport
Strawberry Lemonade.