



COURSE SUPPORT INFORMATION

| Location | Mile (Approx.) | Side of Road | Water | Nuun Endurance | Gels | Toilets |
|--|----------------|--------------|-------|----------------|------|---------|
| Godfrey Pkwy across from Minnehaha Falls Park main parking lot | 1.9 | Left | Yes | Yes | No | Yes |
| W River Pkwy between E 33rd St & E 32nd St | 3.9 | Left | Yes | Yes | Yes | Yes |
| E River Rd between Franklin Ave & SE Thornton St | 5.9 | Left | Yes | Yes | No | Yes |
| Mississippi River Blvd & Pelham Blvd | 7.5 | Left | Yes | Yes | No | Yes |
| Summit Ave between Wilder St & Moore St | 8.9 | Left | Yes | Yes | No | Yes |
| Summit Ave between Pascal St & Albert St | 9.9 | Right | Yes | Yes | No | Yes |
| Summit Ave between Milton St & Victoria St | 10.9 | Left | Yes | Yes | No | Yes |
| Summit Ave between Mackubin Ave & Lawton St | 11.9 | Left | Yes | Yes | No | Yes |

Nuun flavor is Endurance Lemon-Lime.

Gels are Pure Fuel from Anderson's Maple Syrup (Non-caffeinated).