

PROFESSIONAL

ATHLETE

BIOGRAPHIES



2025

2025 Medtronic TC 10 Mile

Prize Money Breakdown



Professional Invited Men & Women

1 st	\$6,000
2 nd	\$4,000
3 rd	\$2,500
4 th	\$1,500
5 th	\$1,000

Non-Binary

1 st	\$500
2 nd	\$250
3 rd	\$100

Minnesota Men & Women

1 st	\$500
2 nd	\$250
3 rd	\$100

Minnesota Masters Men & Women

1 st	\$500
2 nd	\$250
3 rd	\$100

USA Track & Field Minnesota Team Circuit

\$1,000

2025 Men's Medtronic TC 10 Mile Field – Sorted by Personal Bests (PB)

NAME	COUNTRY	BIB	PB
Charles Hicks	USA	20031	45:14
Yemane Haileselassie	ERITREA	20002	45:22
Nathan Martin	USA	20006	46:00
Tsegay Tuemay	ERITREA	20005	46:06
Joe Klecker	USA	20004	46:08
Amanuel Mesel	ERITREA	20003	47:04
Tyler Day	USA	20016	47:43
CarLee Stimpfel	USA	20036	47:48
Nico Montanez	USA	20034	47:57
Alejandro Martinez Ambrosio	USA	20018	48:09
Ethan Gregg	USA	20030	49:10
Paxton Smith	USA	20022	51:17
William Amponsah	GHANA	20026	Debut
Joshua Becker	USA	20024	Debut
Awet Beraki	ERITREA	20025	Debut
Collin Buck	USA	20023	Debut
Chris Cherry	USA	20013	Debut
Hunter Christopher	USA	20028	Debut
Ben Eidenschink	USA	20012	Debut
Lucas Florsheim	USA	20029	Debut
Mark Huizar	USA	20032	Debut
Jason Intravaia	PHILLIPINES	20020	Debut
Andrew Kaye	USA	20038	Debut
Evans Kibet	USA	20033	Debut
Shane Knanishu	USA	20021	Debut
Noah Kohut-Jackson	USA	20019	Debut
Chris Maxon	USA	20009	Debut
Arturs Medveds	LATVIA	20008	Debut
Nico Montanez	USA	20034	Debut
Brandon Olden	USA	20010	Debut
Ben Olson	USA	20015	Debut
Isai Rodriguez	USA	20035	Debut
CarLee Stimpfel	USA	20036	Debut
Eric van der Els	USA	20007	Debut
Andy Wacker	USA	20037	Debut
Nadeel Wildschutt	SOUTH AFRICA	20039	Debut

Athlete Biography

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Medtronic TC 10 Mile – Men

Abbabiya “Biya” Simbassa, USA

Twitter handle: @Biya_simba35

Instagram username: simba_runner

Age: 32

Current Residence: Flagstaff, Arizona

Sponsor/Training Group: ASICS

Bib: 20001

Personal Best 10 Mile: 45:23 (2025 Credit Union Cherry Blossom 10 Mile)

Additional Personal Bests

One Mile: 3:58.71 (2021)

5,000 meters: 13:19.12 (2021)

10,000 meters: 27:45.78 (2017)

Half Marathon: 1:00:37 (2022)

Marathon: 2:06:53 (2024)

- College: University of Oklahoma (NCAA Division I)
 - Multi-time All-Big 12 honoree
 - 5th and 6th in the 10,000m and 5,000m, respectively, at the 2015 Big 12 Outdoor Track & Field Championships
- Post-Collegiate
 - **2016 USATF 10 Mile Championships – 13th in 48:33 (hosted by TCM)**
 - **2017 USATF 10 Mile Championships – 6th in 47:45 (hosted by TCM)**
 - **2018 USATF 10 Mile Championships – 8th in 47:26 (hosted by TCM)**
 - **2019 USATF 10 Mile Championships – Runner-up in 46:57 (hosted by TCM)**
 - 2021 U.S. Olympic Trials 10,000m – 7th
 - 2021 USATF 10 Mile Championships – Champion
 - **2022 USATF 10 Mile Championships – 3rd in 46:29 (hosted by TCM)**
 - 2024 U.S. Olympic Marathon Trials – 11th
- 2025 Results
 - March: 10th at United Airlines NYC Half Marathon in 1:02:04
 - April: 2nd at USATF 10 Mile Championships in 45:23
 - May: 3rd at BOLDERBoulder 10K in 28:37
 - June: 3rd at USATF 4 Mile Championships in 18:08
 - August: 6th at ASICS Falmouth Road Race (7 miles) in 32:11
- Notes
 - Originally born in Asela, Ethiopia, but has lived in the U.S. since he was 13
 - Former member of Minnesota Distance Elite

Yemane Haileselassie, ERITREA

Instagram username: yemanehaileselassie

Age: 27

Current Residence: Flagstaff, Arizona

Sponsor/Training Group: adidas / McKirdy Trained

Bib: 20002

Personal Best 10 Mile: 45:22 (2024 Medtronic TC 10 Mile)

Additional Personal Bests

3,000 meter Steeplechase: 8:11.22 (2017)

Half Marathon: 1:01:34 (2024)

Marathon: 2:08:25 (2025)

- Professional Career
 - o 2016 IAAF U20 World Outdoor Championships – Runner-up in 3,000m Steeplechase
 - o 2016 Rio de Janeiro Olympic Games – 11th in 3,000m Steeplechase
 - o 2017 World Athletics U20 Cross Country Championships – 9th
 - o 2019 IAAF World Championships – 7th in 3,000m Steeplechase
 - o 2020 Tokyo Olympic Games – 5th in 3,000m Steeplechase
 - o 2022 Eritrean Cross Country Championships – Runner-up
 - o 2024 Boston Marathon – 16th
 - o **2024 Medtronic TC 10 Mile – Runner-up**
 - o 2024 B.A.A. Half Marathon -- Champion
 - o 2024 Honolulu Marathon – Champion
- 2025 Results
 - o January: 2nd at Chevron Houston Marathon in 2:08:25
 - o March: 9th at United Airlines NYC Half Marathon in 1:01:46
 - o May: 4th at UPMC Health Plan Pittsburgh Half Marathon in 1:02:44
 - o May: 9th at BOLDERBoulder 10K in 29:35
- Notes
 - o Eritrean national record holder for Seniors and U20 athletes in 3,000m Steeplechase

Amanuel Mesel, ERITREA

Instagram username: amanuelmesel

Age: 34

Current Residence: Flagstaff, Arizona

Sponsor/Training Group: McKirdy Trained

Bib: 20003

Personal Best 10 Mile: 47:04 (2024 Medtronic TC 10 Mile)

Additional Personal Bests

5,000 meters: 13:16.25 (2011)

Half Marathon: 1:00:10 (2013)

Marathon: 2:08:17 (2013)

- Professional:
 - o 2008 IAAF U20 World Cross Country Championships – 9th
 - o 2011 IAAF World Cross Country Championships – 24th
 - o 2011 IAAF World Championships – 11th in 5,000m
 - o 2012 London Olympic Games – 15th in 5,000m
 - o 2013 Valenica Marathon—Runner-up
 - o 2015 IAAF World Championships – 9th in the Marathon
 - o 2016 Rio de Janeiro Olympic Games – 21st in the Marathon
 - o 2017 London Marathon – 8th
 - o 2018 IAAF World Half Marathon Championships – 7th
 - o 2020 Houston Marathon – 3rd
 - o 2022 Napa Valley Half Marathon – Champion
 - o 2023 California International Marathon – 5th
 - o 2024 Grandma's Marathon – 4th
 - o **2024 Medtronic TC 10 Mile – 7th**
- 2025 Results:
 - o May 4: 5th at UPMC Health Plan Pittsburgh Half Marathon in 1:04:51
 - o May 26: 12th at BOLDERBoulder 10K in 30:00
 - o June: 3rd at Grandma's Marathon in 2:13:00

Joe Klecker, USA

Twitter handle: @JoeKlecker

Instagram username: joe_klecker

Age: 28

Current Residence: Longmont, Colorado
Sponsor/Training Group: On / On Athletics Club
Bib: 20004
Personal Best 10 Mile: 46:08 (2025 Credit Union Cherry Blossom 10 Mile)

Additional Personal Bests

1,500 meters: 3:37.00 (2021)
3,000 meters: 7:34.14 (2023)
5,000 meters: 12:54.99 (2023)
10,000 meters: 27:07.57 (2023)
Half Marathon: 1:01:06 (2025)

- High School: Hopkins High School (MN)
 - o 2015 Minnesota State Champion – 1600m
 - o 2015 Minnesota State Champion – 3200m
 - o Five-time All-State honoree
 - o 2015 Gatorade Minnesota Boys Track & Field Athlete of the Year
 - o Currently #2 in Minnesota high school history in 1600m
 - o Currently #5 in Minnesota high school history in 3200m
- College: University of Colorado -- Boulder (NCAA Division I)
 - o Seven-time NCAA All-American
 - o Runner-up at 2019 NCAA Cross Country Championships
 - o Runner-up in 5,000m at 2019 NCAA Indoor Championships
 - o Many-time All-Pac 12 Honoree and 2019 Pac-12 Cross Country Champion
- Post-Collegiate
 - o 2021 U.S. Olympic Track & Field Team Trials – 3rd in 10,000m
 - o 2021 Tokyo Olympic Games – 15th in 10,000m
 - o 2022 USATF Outdoor Championships – 10,000m Champion
 - o 2022 Bislett Games (Norway) – 4th in 5,000m
 - o 2022 World Athletics Outdoor Championships – 9th in 10,000m
 - o 2023 Millrose Games – 3rd in 3,000m
 - o 2023 USATF Outdoor Championships – Runner-up in 10,000m
 - o 2023 USATF Outdoor Championships – 3rd in 5,000m
 - o 2023 World Athletics Outdoor Championships – 20th in 10,000m
- 2025 Results
 - o January: 18th at Aramco Houston Half Marathon in 1:01:06
 - o March: 8th at USATF Half Marathon Championships in 1:01:34
 - o April: 5th at USATF 10 Mile Championships in 46:08
 - o May: 2nd at USATF 25K Road Championships in 1:12:32
 - o June: 6th at B.A.A. Road 10K in 28:35
 - o August: 10th at Beach to Beacon 10K Road Race in 28:11
- Notes
 - o The Klecker family is a well-known name in the Minnesota running community.
 - Joe's mother, Janis, was a 1992 U.S. Olympian in the marathon and won two U.S. marathon national titles – as well as two Medtronic Twin Cities Marathon titles in 1991 and 1992.
 - Joe's father, Barney, is the former world and American record holder in the 50 mile ultramarathon with his mark of 4:51:25 (an average of 5:49 per mile) – a mark that stood as the American record until Jim Walmsley broke it in 2019. Barney was also the 1977 and 1979 City of Lakes Marathon Champion (the precursor event to the Twin Cities Marathon today), as well as the 1978 Grandma's Marathon Champion.
 - Joe has five siblings, all of whom have competed in cross country/track & field at the collegiate level.
 - o Missed most of 2024 season due to injury, then made the switch to the roads.
 - o #7 all-time in the 5,000m and #10 all-time in the 10,000m in American history.

Tuemay Weldlibanos Tsegay, ERITREA

Age: 29

Current Residence: Flagstaff, Arizona

Sponsor/Training Group: McKirdy Trained

Bib: 20005

Personal Best 10 Mile: 46:06 (2013 Tilburg [Netherlands] 10 Mile)

Additional Personal Bests

5,000 meters: 13:20.89 (2013)

Half Marathon: 1:00:50 (2018)

Marathon: 2:07:35 (2024)

- Professional Career
 - o 2013 IAAF U20 World Cross Country Championships – 4th
 - o 2014 IAAF World Junior Championships – 7th in 5,000m
 - o 2016 B.A.A. Half Marathon – 3rd
 - o 2017 Shanghai Half Marathon – 5th
 - o 2019 Daegu International Marathon (South Korea) – 6th
 - o 2022 Mesa Half Marathon – Runner-up
 - o 2023 Grandma's Marathon – 8th
 - o 2023 Bakline's McKirdy Micro Marathon – Champion
 - o 2024 Garry Bjorklund Half Marathon – Runner-up
 - o **2024 Medtronic TC 10 Mile – 4th in 46:15**
 - o 2024 California International Marathon -- Champion
- 2025 Results
 - o January: 37th at Aramco Houston Half Marathon in 1:02:40
 - o April 6: 12th at Credit Union Cherry Blossom 10 Mile in 46:56
 - o April 21: 17th at Boston Marathon in 2:11:03
 - o May: 10th at BOLDERBoulder 10K in 29:38
- Notes
 - o Is on asylum in the U.S. and lives and trains in Flagstaff. As of October 2023, he had not seen his wife or his daughter in 4+ years.

Nathan Martin, USA

Instagram username: nim_i_am

Age: 35

Current Residence: Jackson, Michigan

Sponsor/Training Group: ASICS / McKirdy Trained

Bib: 20006

Personal Best 10 Mile: 46:00 (2024 Credit Union Cherry Blossom 10 Mile)

Additional Personal Bests

10,000 meters: 28:45.07 (2022)

Half Marathon: 1:01:45 (2025)

Marathon: 2:10:45 (2023)

- College: Spring Arbor College (NAIA)
 - o Four-time NAIA National Champion and 12-time All-American
- Post-Collegiate
 - o **2014 Medtronic Twin Cities Marathon – 6th in 2:15:47**
 - o **2015 USATF 10 Mile Championships – 12th in 48:15 (hosted by TCM)**
 - o 2016 U.S. Olympic Marathon Team Trials – 23rd
 - o **2016 USATF 10 Mile Championships – 11th in 48:22 (hosted by TCM)**
 - o 2019 USATF 20K Road Championships – Runner-up
 - o 2020 U.S. Olympic Marathon Team Trials – 69th
 - o 2021 New York City Marathon – 8th

- 2023 Garry Bjorklund Half Marathon – 4th
- 2024 U.S. Olympic Marathon Team Trials – 7th
- 2024 Garry Bjorklund Half Marathon – 3rd
- 2025 Results
 - February: 2nd at Mesa Road 10K in 28:07
 - March: 9th at USATF Half Marathon Championships in 1:01:45
 - April: 30th at Boston Marathon in 2:15:31
 - July: 8th at Boilermaker 15K Road Race in 45:17
- Notes
 - Substitute teacher and high school cross country coach in Michigan
 - Fastest US Born African American Marathoner -- [How Nathan Martin, the Fastest U.S.-Born Black Marathoner, Improved His Chances to Run in the Olympics](#)

Eric van der Els, USA

Twitter handle: @evanderels

Instagram username: ericvanderels

Age: 27

Current Residence: Blowing Rock, North Carolina

Sponsor/Training Group: ZAP Endurance

Bib: 20007

Personal Best 10 Mile: Debut

Additional Personal Bests

Mile: 3:58.76 (2022)

5,000 meters: 13:21.78 (2024)

20K Road: 59:05 (2025)

- College: University of Connecticut (NCAA Division I)
 - 2017 USATF Junior Championships – 1,500m Champion
 - 2022 NCAA Outdoor Championships – 20th in 5,000m
- Post-Collegiate
 - 2022 USATF 5K Road Championships – 10th
 - 2024 USATF Los Angeles Grand Prix – 15th in 5,000m
 - 2024 U.S. Olympic Track & Field Team Trials – 14th in 5,000m
- 2025 Results
 - May 3: 8th at USATF 5K Road Championships in 13:45
 - May 24: 2nd at Sound Running Track Fest 5,000m in 13:27.33
 - June: 7th at Portland Track Festival 5,000m in 13:25.00
 - August: 20th at USATF Outdoor Championships 5,000m in 13:43.44
 - September: 12th at USATF 20K Road Championships in 59:05

Arturs Medveds, LATVIA

Instagram username: medveds99

Age: 25

Current Residence: Rancho Cucamonga, California

Bib: 20008

Personal Best 10 Mile: Debut

Additional Personal Bests

3,000 meters: 7:49.48 (2025)

5,000 meters: 13:43.16 (2025)

10,000 meters: 28:19.49 (2024)

- College: California Baptist University (NCAA Division I)
 - Multiple-time All-WAC honoree
 - 2023 NCAA Cross Country Championships – 52nd

- Post-Collegiate
 - o 2023 World Athletics Cross Country Championships – 63rd
 - o 2023 European Cross Country Championships – 54th
 - o 2024 Mt. SAC Relays – Runner-up in 1,500m
- 2025 Results
 - o January: 5th at UW Preview Mile in 4:01.19
 - o April 6: 3rd at Carlsbad 5000 in 13:40
 - o April 18: 3rd at Mt. SAC Relays 5,000m in 13:43.16
 - o June: 11th at European Athletics Team Championships 5,000m in 14:21.77
 - o September: 5th at Brose Night Run Road 10K (Slovakia) in 29:08
- Notes
 - o Latvian national record holder in the indoor 3,000 meters and 5,000 meters as well as the outdoor 10,000 meters and the 5K and 10K on the roads.

Chris Maxon, USA

Twitter handle: @chrismmaxon

Instagram username: chrismmaxon

Age: 26

Current Residence: Superior, Colorado

Sponsor/Training Group: Union Athletics Club

Bib: 20009

Personal Best 10 Mile: Debut

Additional Personal Bests

5,000 meters: 13:45.18 (2025)

10,000 meters: 28:19.17 (2025)

Half Marathon: 1:05:10 (2025)

- College:
 - o Ole Miss (NCAA Division I)
 - All-SEC and All-Region in cross country
 - Currently #2 all-time at Ole Miss in the 10,000m
 - o Indiana Wesleyan University (NAIA)
 - 11-time All-American and two-time conference champion
- Post-Collegiate
 - o 2023 USATF 8K Road Championships – 20th
 - o 2024 USATF Cross Country Championships – 13th
 - o 2024 Sound Running Track Fest – 9th in 10,000m
- 2025 Results
 - o March: 31st at USATF Half Marathon in 1:05:10
 - o April: 18th at Bryan Clay Invitational 5,000m in 13:45.18
 - o June: 1st at Portland Track Festival 10,000m in 28:19.17
 - o July: 15th at USATF Outdoor Championships 10,000m in 29:44.86
- Notes
 - o Is also a realtor and goes by “the fast realtor” -- @thefastrealtor on Instagram

Brandon Olden, USA

Instagram username: brandon_older11

Age: 24

Current Residence: Denver, Colorado

Bib: 20010

Personal Best 10 Mile: Debut

Additional Personal Bests

1,500 meters: 3:44.37

5,000 meters: 13:42.81

- College
 - o University of Tennessee (NCAA Division I)
 - All-SEC and NCAA Cross Country Championships Qualifier
 - o Siena College (NCAA Division I)
 - Multiple-time All-Conference honoree
 - 2023 NCAA East Preliminary Round – 29th in 5,000m
- Post-Collegiate
 - o 2024 Great Cow Harbor 10K Road Race – 14th
- 2025 Results
 - o March 21: 3rd at ECU Spring Invitational 3,000m in 8:33.06
 - o March 21: 4th at ECU Spring Invitational 1,500m in 3:56.24
 - o March 27: 21st at Raleigh Relays 5,000m in 14:02.33

Ben Eidenschink, USA

Twitter handle: @ben_eidenschink

Instagram username: @benjamin_eidenschink

Age: 29

Current Residence: Niwot, Colorado

Sponsor/Training Group: Northwoods Athletics

Bib: 20012

Personal Best 10 Mile: Debut

Additional Personal Bests

5,000 meters: 13:36.57 (2022)

10,000 meters: 27:51.74 (2023)

Half Marathon: 1:03:47 (2025)

- College: University of Wisconsin - Madison (NCAA Division I)
 - o Multiple-time All-Big Ten honoree and NCAA Cross Country Championships Qualifier
- Post-Collegiate
 - o 2021 Sound Running Track Meet – Runner-up in 10,000m
 - o 2021 USATF 5K Road Championships – 12th
 - o 2022 USATF Cross Country Championships – 6th
 - o 2022 USATF Outdoor Championships – 13th in 10,000m
 - o 2023 USATF Outdoor Championships – 10th in 10,000m
 - o 2024 USATF 5K Road Championships – 11th
- 2025 Results
 - o January: 41st at Aramco Houston Half Marathon in 1:03:47
 - o March: 10th at Gate River Run 15K in 43:56
 - o May: 5th at Lilac Bloomsday 12K in 34:55
 - o June: 14th at B.A.A. 10K Road in 29:36
- Notes
 - o Married to top American female distance runner, Alicia Monson
 - o Coached by former top American male distance runner, Ben True

Chris Cherry, USA

Instagram username: criz.cherry

Age: 22

Current Residence: Boulder, Colorado

Sponsor/Training Group: Apex Elite Track Club

Bib: 20013

Personal Best 10 Mile: Debut

Additional Personal Bests

1,500 meters: 3:41.58 (2024)

3,000 meters: 7:47.63 (2025)

5,000 meters: 13:42.00 (2025)

- College
 - o University of Colorado – Boulder / University of Tennessee (NCAA Division I)
 - Spent one season each at Boulder and Tennessee. All-Conference at each.
 - 2024 NCAA East First Round – 31st in 1,500m (competing for Tennessee)
 - o University of Illinois-Springfield (NCAA Division II)
 - Five-time GLVC Champion and eight-time all-GLVC honoree
- Post-Collegiate
 - o No post-collegiate races yet.
- 2025 Results
 - o January: 1st at Potts Invitational Mile in 4:04.61
 - o February: 1st at Boston University Terrier Classic 3,000m in 7:48.03
 - o March 1: 10th at Big 12 Indoor Championships 3,000m in 8:12.39
 - o March 27: 15th at Raleigh Relays 5,000m in 13:42.00
 - o May: 9th at Big 12 Outdoor Championships 1,500m in 3:52.20

Ben Olson, USA

Instagram username: benolson343

Age: 25

Current Residence: Grand Rapids, Michigan

Sponsor/Training Group: adidas / Gazelle Elite

Bib: 20015

Personal Best 10 Mile: Debut

Additional Personal Bests

3,000 meters: 8:04.17 (2022)

10,000 meters: 29:19.84 (2022)

Half Marathon: 1:03:43 (2024)

Marathon: 2:14:35 (2024 Medtronic Twin Cities Marathon)

- College: South Dakota State University (NCAA Division I)
 - o Six-time Summit League Champion
 - o Three-time Summit League Athlete of the Year
- Post-Collegiate
 - o 2023 California International Marathon – 12th
 - o 2024 U.S. Olympic Marathon Team Trials – DNF
 - o 2024 Get in Gear 10K – Champion
 - o 2024 Garry Bjorklund Half Marathon – 8th
 - o **2024 Medtronic Twin Cities Marathon – 7th in 2:14:35**
- 2025 Results
 - o March: 25th at USATF Half Marathon Championships in 1:04:22
 - o May: 11th at USATF 25K Road Championships in 1:17:30
 - o June: 7th at Grandma's Marathon in 2:15:47
- Notes
 - o Grew up in Coon Rapids and went to Blaine High School, and also trains with Minnesota Distance Elite from time to time after graduating from college
 - o Grew up watching his parents, friends, relatives run TCM

Tyler Day, USA

Instagram username: day6naz

Age: 28

Current Residence: Flagstaff, Arizona

Sponsor/Training Group: HOKA ONE ONE / NAZ Elite

Bib: 20016

Personal Best 10 Mile: 47:43 (2024 Medtronic TC 10 Mile)

Additional Personal Bests

3,000 meters: 7:45.70 (2020)

5,000 meters: 13:16.95 (2020)

Half Marathon: 1:03:48 (2019)

- College: Northern Arizona University (NCAA Division I)
 - o 6-time All-American
 - o 9th in 10,000m at 2017 USATF Outdoor Championships
 - o 3rd and 6th in 2017 and 2018 NCAA Cross Country Championships, respectively
 - o 4th and 6th in 10,000m at 2018 and 2019 NCAA Outdoor Championships, respectively
- Post-Collegiate
 - o 2019 Pan American Games – 10th in 5,000m
 - o 2019 Rock ‘n’ Roll Las Vegas Half Marathon – Champion
 - o 2020 Michigan Pro Half Marathon – 3rd
 - o **2024 Medtronic TC 10 Mile – 15th in 47:43**
- 2025 Results
 - o February: 8th at Mesa Road 10K in 29:26
 - o March: 23rd at USATF Half Marathon Championships in 1:04:05
- Notes
 - o Went 1,365 days between races due to several serious, long term injuries – which included 3 ankle surgeries and purely cross training on a road bike / in the pool.
 - o <https://nazelite.com/tyler-days-return-to-racing/>

Alejandro Martinez Ambrosio, USA

Age: 28

Current Residence: Flagstaff, Arizona

Sponsor/Training Group: McKirdy Trained

Bib: 20018

Personal Best 10 Mile: 48:09 (2022 Medtronic TC 10 Mile)

Additional Personal Bests

5,000 meters: 13:56.94 (2023)

10,000 meters: 29:31.61 (2024)

Half Marathon: 1:03:53 (2024)

- College: Cal Poly Pomona (NCAA Division II)
 - o All-CCAA and two-time NCAA Cross Country Championships qualifier
- Post-Collegiate
 - o 2021 USATF Half Marathon Championships – 20th
 - o **2022 USATF 10 Mile Championships – 21st in 48:09 (hosted by TCM)**
 - o 2023 Portland Track Festival – 5,000m Champion
 - o 2024 Houston Half Marathon – 24th
 - o 2024 Indianapolis Monumental Half Marathon – 4th
- 2025 Results
 - o January: 134th at Aramco Houston Half Marathon in 1:10:30
 - o February: 7th at Mesa Road 10K at 29:02
 - o March: 16th at Gate River Run 15K in 44:35

Noah Kohut-Jackson, USA

Instagram username: noah.kj

Age: 23

Current Residence: Minneapolis, Minnesota

Bib: 20019

Personal Best 10 Mile: Debut

Additional Personal Bests

3,000 meters: 8:07.80 (2024)

5,000 meters: 14:02.68 (2025)

- College
 - o University of Minnesota – Twin Cities (NCAA Division I)
 - All-Big Ten in 3,000 meter Steeplechase
 - o Iowa State University (NCAA Division I)
 - Member of cross country/track & field teams.
- Post-Collegiate
 - o No post-collegiate races yet. Just graduated in May 2025.
- 2025 Results
 - o February: 6th at SDSU Indoor Class 5,000m in 14:18.19
 - o March: 2nd at Raleigh Relays 5,000m in 14:02.68
 - o April: 21st at Bryan Clay Invitational 5,000m in 14:23.59
- Notes
 - o Currently works as a Lead Assistant Manager of Business Strategy at EXL, a global data and artificial intelligence company.

Jason Intravaia, PHILIPPINES

Twitter handle: @JasonIntravaia

Instagram username: coachjasonintravaia

Age: 29

Current Residence: Flagstaff, Arizona

Bib: 20020

Personal Best 10 Mile: Debut

Additional Personal Bests

3,000 meters: 8:07.82 (2025)

5,000 meters: 14:15.00 (2021)

- College: Chico State University (NCAA Division II)
 - o Injured in every single season of his collegiate career.
 - o All-CCAA in the 5,000m and 10,000m as a senior.
- Post-Collegiate
 - o 2021 America's Finest City Half Marathon – 1st (amateur division)
 - o 2024 Bryan Clay Invitational – 20th in the 5,000m
- 2025 Results
 - o January 17: 11th at UW Preview 3,000m in 8:07.82
 - o January 18: 10th at UW Preview Mile in 4:11.66

Shane Knanishu, USA

Instagram username: shaneknanishu

Age: 25

Current Residence: Boulder, Colorado

Sponsor/Training Group: Apex Elite Track Club

Bib: 20021

Personal Best 10 Mile: Debut

Additional Personal Bests

1,500 meters: 3:45.10 (2023)

5,000 meters: 14:30.93 (2023)

- College: DePaul University (NCAA Division I)
 - o All-Big East in track & field and All-Region in cross country
- Post-Collegiate
 - o February: 11th at Boston University Valentine Invitational Mile in 4:10.16
 - o April: 14th at Bryan Clay Invitational 1,500m in 3:53.69
- 2025 Results
 - o No 2025 results.

Paxton Smith, USA

Twitter handle: @Paxton55289564

Instagram username: paxtonsmith18

Age: 27

Current Residence: Miami, Florida

Bib: 20022

Personal Best 10 Mile: 51:17 (2024 Medtronic TC 10 Mile)

Additional Personal Bests

3,000 meters: 8:25.26 (2020)

5,000 meters: 14:09.19 (2022)

Half Marathon: 1:05:44 (2024)

Marathon: 2:17:24 (2022)

- College: University of Colorado – Boulder (NCAA Division I)
 - o Member of cross country and track & field teams on two Pac-12 Championship teams (2019 and 2021) and two podium teams at NCAA Cross Country Championships (2018 and 2019)
 - o 2022 NCAA West Preliminary Round qualifier in 10,000m
- Post-Collegiate
 - o 2022 Grandma's Marathon – 30th
 - o **2022 Medtronic Twin Cities Marathon – 14th in 2:32:20**
 - o 2023 Garry Bjorklund Half Marathon – 14th
 - o 2023 California International Marathon – 56th
 - o 2024 New Haven Road Race – 24th
 - o 2024 U.S. Olympic Marathon Team Trials – 116th
 - o **2024 Medtronic TC 10 Mile – 33rd in 51:17**
- 2025 Results
 - o March 1: 22nd at Gate River Run 15K in 45:16
 - o March 16th: 9th at Los Angeles Marathon in 2:22:00
- Notes
 - o 8th grade middle school English teacher

Collin Buck, USA

Twitter handle: @collinjb23

Instagram username: collinjb23

Age: 27

Current Residence: Kalispell, Montana

Bib: 20023

Personal Best 10 Mile: Debut

Additional Personal Bests

5,000 meters: 13:57.90 (2021)

Half Marathon: 1:06:56 (2025)

Marathon: 2:17:09 (2023)

- College: Montana State University (NCAA Division I)
 - o Three-time All-Big Sky honoree
 - o 2021 NCAA West Preliminary Round – 25th in 10,000m

- Post-Collegiate
 - o 2022 California International Marathon – 52nd
 - o 2023 Grandma’s Marathon – 21st
 - o 2024 California International Marathon – 25th
- 2025 Results
 - o June: 3rd at Manitoba Half Marathon in 1:06:56

Joshua Becker, USA

Age: 25

Current Residence: Osseo, Wisconsin

Bib: 20024

Personal Best 10 Mile: Debut

Additional Personal Bests

3,000 meters: 8:14.05 (2024)

5,000 meters: 14:31.70 (2024)

- College: South Dakota State University (NCAA Division I)
 - o Nine-time All-Summit League
 - o 2025 NCAA First Round West Qualifier – 3,000m Steeplechase
- Post-Collegiate
 - o No post-collegiate races yet.
- 2025 Results
 - o April: 7th at Stanford Invitational 3,000m Steeplechase in 8:56.97
 - o April: 9th at Drake Relays 3,000m Steeplechase in 8:51.64
 - o May 15: 2nd at Summit League Outdoor Championships 3,000m Steeplechase in 8:59.10
 - o May 15: 9th at Summit League Outdoor Championships 5,000m in 14:45.38

Awet Beraki, ERITREA

Age: 27

Current Residence: Rochester Hills, Michigan

Sponsor/Training Group: Hansons Brooks Original Distance Project

Bib: 20025

Personal Best 10 Mile: Debut

Additional Personal Bests

5,000 meters: 13:36.22 (2022)

10,000 meters: 28:12.10 (2022)

Half Marathon: 1:02:40 (2023)

Marathon: 2:19:32 (2024)

- College:
 - o Adams State University (NCAA Division II)
 - 10-time NCAA All-American
 - One-time NCAA Champion and four-time NCAA Runner-up
 - o Cloud County Community College (NJCAA)
 - Seven-time NJCAA Championships qualifier
- Post-Collegiate
 - o 2025 Portland Track Festival – 7th in 10,000m
- 2025 Results
 - o March: 4th at NCAA DII Indoor Championships 5,000m in 13:42.04
 - o April: 22nd at Bryan Clay Invitational 10,000m in 29:10.18
 - o May 22: 11th at NCAA DII Outdoor Championships 10,000m in 30:51.00
 - o May 24: 6th at NCAA DII Outdoor Championships 5,000m in 14:35.29
 - o June: 7th at Portland Track Festival 10,000m in 28:30.15
- Notes

- Moved to the U.S. from Eritrea.

William Amponsah, GHANA

Twitter handle: @WilliamAmpons14

Instagram username: William_amponsah99

Age: 25

Current Residence: Tampa, Florida

Sponsor/Training Group: Hawkins Running

Bib: 20026

Personal Best 10 Mile: Debut

Additional Personal Bests

5,000 meters: 13:30.99 (2025)

10,000 meters: 27:47.93 (2025)

Half Marathon: 1:06:47 (2025)

- College: West Texas A&M University (NCAA Division II)
 - Five-time NCAA Champion (two cross country, three outdoors)
 - 10-time NCAA All-American
- 2025 Results
 - 8th at 2025 Peachtree Road Race 10K in 28:13
 - 7th at 2025 Boilermaker 15K in 44:04
 - 5th at 2025 Bogota Half Marathon in 1:06:47
 - 6th at 2025 Pacific Run 10K in 29:28
- Notes
 - Ghanaian national record holder in the indoor 3,000m and the outdoor 5,000m and 10,000m.

Hunter Christopher, USA

Instagram username: hunter_b_christopher

Age: 22

Current Residence: Rochester Hills, Michigan

Sponsor/Training Group: Hansons Brooks Original Distance Project

Bib: 20028

Personal Best 10 Mile: Debut

Additional Personal Bests

3,000 meters: 7:57.07 (2024)

5,000 meters: 13:39.45 (2024)

- College: Youngstown State University (NCAA Division I)
 - Six-time Horizon League Champion
 - 2025 NCAA Outdoor Championships – 22nd in 5,000m
- Post-Collegiate
 - No post-collegiate races yet.
- 2025 Results
 - February: 3rd at Boston University Valentine Invitational 3,000m in 7:57.07
 - March: 1st at Horizon League 5,000m in 14:26.27
 - April: 8th at The Penn Relays 5,000m in 13:40.08
 - May 9: 1st at Horizon League 10,000m in 29:27.97
 - May 30: 6th at NCAA East First Round 5,000m in 13:55.21
 - June: 22nd at NCAA Outdoor Championships 5,000m in 13:49.43

Lucas Florsheim, USA

Instagram username: lyflorsheim

Age: 24

Current Residence: Boulder, Colorado

Bib: 20029

Personal Best 10 Mile: Debut

Additional Personal Bests

3,000 meters: 8:17.45 (2022)

5,000 meters: 13:59.24 (2024)

10,000 meters: 29:50.74 (2023)

- College:
 - o University of Minnesota – Twin Cities (NCAA Division I)
 - 2024 Cross Country Team MVP
 - o Pomona-Pitzer College (NCAA Division III)
 - Three-time NCAA All-American
 - Member of two NCAA Cross Country national title winning teams
- Post-Collegiate
 - o 2025 Portland Track Festival – 14th in 5,000m
- 2025 Results
 - o March: 15th at Raleigh Relays 5,000m in 14:07.19
 - o April: 25th at Bryan Clay Invitational 10,000m in 30:46.16
 - o May: 20th at Big Ten Outdoor Championships 5,000m in 14:01.88
 - o June: 14th at Portland Track Festival 5,000m in 14:26.21
- Notes
 - o PhD Student at University of Colorado – Boulder currently.

Ethan Gregg, USA

Instagram username: ethan.gregg

Age: 24

Current Residence: Rochester Hills, Michigan

Sponsor/Training Group: Hansons-Brooks Original Distance Project

Bib: 20030

Personal Best 10 Mile: 49:10 (2024 Medtronic TC 10 Mile)

Additional Personal Bests

3,000 meters: 8:01.23 (2023)

5,000 meters: 13:52.59 (2023)

10,000 meters: 28:40.35 (2023)

Half Marathon: 1:02:49 (2025)

- College: University of Wisconsin – La Crosse (NCAA Division III)
 - o Three-time NCAA Champion and 10-time All-American
 - o 2023 NCAA Cross Country Champion
 - o Famously DQ'd for a false start in the 5,000m at the 2023 NCAA Outdoor Championships
- Post-Collegiate
 - o 2024 U.S. 10K Road Championships – 17th
 - o **2024 Medtronic TC 10 Mile – 22nd in 49:10**
 - o 2024 Sound Running Cross Champs – 13th
- 2025 Results
 - o March: 22nd at Sound Running The TEN 10,000m in 29:18.66
 - o June: 7th at Bank of America Chicago 13.1 in 1:02:49
 - o July: 11th at Boilermaker 15K Road Race in 46:39
- Notes
 - o Season ending stress fracture in March 2024 that kept him from his senior outdoor season

Charles Hicks, USA

Instagram username: _charleshicks

Age: 24

Current Residence: Eugene, Oregon
Sponsor/Training Group: Nike Swoosh Track Club
Bib: 20031
Personal Best 10 Mile: 45:14 (2025 Credit Union Cherry Blossom 10 Mile)

Additional Personal Bests

3,000 meters: 7:43.84 (2022)
5,000 meters: 13:09.38 (2024)
10,000 meters: 27:33.58 (2024)

- College: Stanford University (NCAA Division I)
 - o 2022 NCAA Cross Country Champion
 - o Nine-time NCAA All-American
- Post-Collegiate
 - o 2023 UK Outdoor Championships – 4th in 5,000m
 - o 2023 European Athletics U23 Outdoor Championships – 5,000m Champion
 - o 2024 Sound Running's The TEN 10,000m – 19th
 - o 2024 Night of the 10,000m – 15th
- 2025 Results
 - o April: 1st at USATF 10 Mile Championships in 45:14
 - o June: 4th at USATF 4 Mile Road Championships in 18:12
 - o July: 6th at Boilermaker 15K Road Race in 43:39
- Notes:
 - o Is a dual citizen with the U.S. and Great Britain, and recently transferred allegiance to the United States. He broke the American record for the 10 mile distance in April 2025 but because his competitive allegiance was still processing, he was not eligible to claim the American record.

Mark Huizar, USA

Instagram username: markanthony015
Age: 29
Current Residence: Denver, Colorado
Sponsor/Training Group: HOKA Aggies Running Club
Bib: 20032
Personal Best 10 Mile: Debut

Additional Personal Bests

5,000 meters: 13:49.99 (2022)
10,000 meters: 28:51.77 (2025)
Half Marathon: 1:08:26 (2020)

- College: Cal Poly Pomona (NCAA Division II)
 - o Two-time NCAA All-American and seven-time NCAA Championships qualifier
- Post-Collegiate
 - o 2018 Portland Track Festival – 18th in 10,000m
 - o 2020 Houston Half Marathon – 97th
 - o 2022 Long Beach Half Marathon – Runner-up
 - o 2023 Portland Track Festival – 12th in 5,000m
 - o 2024 Occidental Invitational – 1,500m Champion
- 2025 Results
 - o January: 10th at USATF Cross Country Championships in 31:26
 - o April 14: 10th at Bryan Clay Invitational 5,000m in 13:51.31
 - o April 18: 6th at Mt. SAC Relays 1,500m in 3:49.32
 - o June 14: 11th at Portland Track Festival 10,000m in 28:51.77
 - o June 18: 7th at Mini-Apple Night of Miles in 4:04.92

Evans Kibet, USA

Instagram username: evanskiibet

Age: 29

Current Residence: Aurora, Colorado

Bib: 20033

Personal Best 10 Mile: Debut

Additional Personal Bests

3,000 meters: 8:19.23 (2019)

5,000 meters: 14:30.28 (2024)

- College: Siena University (NCAA Division I)
 - o All-Metro Atlantic Conference and NCAA East Preliminary Round qualifier
- Post-Collegiate
 - o 2022 Falmouth Road Race – 25th
 - o 2022 Sound Running's Cross Champs 8K – 60th
 - o 2024 Sound Running's Track Fest 5,000m – 14th
 - o 2024 Portland Track Festival 1,500m – 5th
- 2025 Results
 - o No results yet.
- Notes
 - o Originally from Kenya. Him and his family lived in a refugee camp since 2006 after being evicted from their home and being told their home was now government land.

Nico Montanez, USA

Instagram username: montanez.nico

Age: 32

Current Residence: Tucson, Arizona

Sponsor/Training Group: ASICS

Bib: 20034

Personal Best 10 Mile: 47:57 (2018 SacTown 10 Mile)

Additional Personal Bests

10,000 meters: 28:06.97 (2021)

Half Marathon: 1:01:13 (2021)

Marathon: 2:09:55 (2022)

- College: Brigham Young University -- BYU (NCAA Division I)
 - o NCAA All-American
 - o 9th at 2016 NCAA Division I Cross Country Championships
- Post-Collegiate
 - o 2017 Utah Valley Half Marathon – Champion
 - o 2018 USATF 25K Championships – 7th
 - o **2018 Medtronic TC 10 Mile – 26th in 49:13**
 - o 2020 U.S. Olympic Marathon Team Trials – 20th
 - o 2021 Bank of America Chicago Marathon – 7th
 - o 2022 USATF 15K Road Championships – Champion
 - o 2023 B.A.A. Boston Marathon – 13th
 - o 2023 World Athletics Championships – 54th in the Marathon
 - o 2024 U.S. Olympic Marathon Team Trials – 49th
 - o 2024 TCS New York City Marathon – 29th
- 2025 Results
 - o No results yet
- Notes
 - o Played football growing up and his dream was to play football and become an All-American
 - o Part of Mammoth Track Club until earlier this year

Isai Rodriguez, USA

Instagram username: iamblessed.23

Age: 27

Current Residence: Durham, North Carolina

Sponsor/Training Group: PUMA Elite

Bib: 20035

Personal Best 10 Mile: Debut

Additional Personal Bests

5,000 meters: 13:25.84 (2022)

10,000 meters: 27:52.92 (2021)

Half Marathon: 1:02:20 (2023)

- College: Oklahoma State University (NCAA Division I)
 - o Six-time NCAA All-American (four cross country, two outdoor track & field)
 - o Three-time top ten finisher at NCAA Cross Country Championships
 - o Placed 22nd in 10,000m at 2021 U.S. Olympic Track & Field Team Trials while in college
- Post-Collegiate
 - o 2023 Pan American Games – 10,000m Champion
 - o 2023 Manchester Road Race – 3rd
 - o 2024 U.S. Olympic Marathon Trials Qualifier
 - o 2024 USATF 8K Road Championships – Runner-up
 - o 2024 Beach to Beach 10K Road Race – 6th
- 2025 Results
 - o September: 3rd at USATF 20K Road Championships in 56:34

CarLee Stimpfel, USA

Instagram username: cstimpfe1

Age: 25

Current Residence: Rochester Hills, Michigan

Sponsor/Training Group: Hansons-Brooks Original Distance Project

Bib: 20036

Personal Best 10 Mile: 47:48 (2025 Credit Union Cherry Blossom 10 Mile)

Additional Personal Bests

3,000 meters: 7:58.93 (2022)

5,000 meters: 13:45.55 (2021)

10,000 meters: 28:56.92 (2024)

Half Marathon: 1:04:59 (2025)

- College:
 - o Saginaw Valley University (NCAA Division II)
 - 9-time NCAA All-American
 - o Michigan State University (NCAA Division I)
 - Multiple-time All-Big Ten Honoree
 - 38th in 10,000m at NCAA East First Round
- Post-Collegiate
 - o 2024 U.S. 10K Road Championships – 19th
 - o **2024 Medtronic TC 10 Mile – 16th in 48:15**
 - o 2024 Sound Running Cross Champs – 29th
- 2025 Results
 - o March: 20th at Gate River Road 15K in 45:04
 - o April: 12th at USATF 10 Mile Championships in 47:48
 - o May: 6th at UPMC Health Plan Pittsburgh Half Marathon in 1:04:59
 - o July: 14th at Boilermaker 15K Road Race in 46:56

Andy Wacker, USA

Twitter handle: @WackerAndy

Instagram username: wackera

Age: 37

Current Residence: Boulder, Colorado

Bib: 20037

Personal Best 10 Mile: Debut

Additional Personal Bests

5,000 meters: 13:41.45 (2013)

Half Marathon: 1:03:26 (2013)

Marathon: 2:17:34 (2018)

- College: University of Colorado – Boulder (NCAA Division I)
 - o Two-time cross country All-American
- Post-Collegiate
 - o Four-time U.S. Trail National Champion
 - o Has represented Team USA seventeen times in international trail running competitions, placing 2nd in 2015 and 3rd in 2014 in the XTERRA Mountain Running Long Distance World Championships
 - o 2024 Rock ‘n’ Roll Las Vegas Half Marathon – Champion
- 2025 Results
 - o January: 4th at USATF Cross Country Championships in 30:13 (B race)
 - o March: 8th at Gate River Run 15K in 43:52
 - o April 6: 8th at Carlsbad 5000 in 14:05
 - o April 25: 17th at Payton Jordan Invitational 5,000m in 13:51.59
 - o May 4: 9th at Lilac Bloomsday 12K Road Race in 35:25
 - o May 10: 10th at USATF 25K Road Championships in 1:17:22

Andrew Kaye, USA

Age: 25

Current Residence: Golden, Colorado

Sponsor/Training Group: 5280 Distance Project

Bib: 20038

Personal Best 10 Mile: Debut

Additional Personal Bests

5,000 meters: 14:18.56 (2022)

10,000 meters: 29:19.30 (2024)

Half Marathon: 1:03:40 (2025)

- College: Colorado School of Mines (NCAA Division II)
 - o Multiple-time All-RMAC honoree and two-time NCAA Championships qualifier
- Post-Collegiate
 - o 2024 B.A.A. Half Marathon – 14th
- 2025 Results
 - o March: 21st at USATF Half Marathon Championships in 1:03:40

Nadeel Wildschutt, SOUTH AFRICA

Instagram username: wildschutt96

Age: 28

Current Residence: Flagstaff, Arizona

Sponsor/Training Group: HOKA NAZ Elite

Bib: 20039

Personal Best 10 Mile: Debut

Additional Personal Bests

3,000 meters: 7:59.42 (2024)

5,000 meters: 13:48.09 (2024)

10K Road: 28:07 (2024)

- College: Coastal Carolina University (NCAA Division I)
 - o Multiple-time Sun Belt Conference Champion
 - o NCAA All-American in cross country (28th)
 - o 2019 NCAA Outdoor Championships – 13th in 10,000m
- Post-Collegiate
 - o 2022 South African Championships – 11th in 5,000m
 - o 2023 South African Cross Country Championships – 3rd
 - o 2024 South African Championships 10,000m – Champion
 - o 2024 World Athletics Cross Country Championships – 39th
- 2025 Results
 - o April 4: 1st at South African Championships 10,000m in 29:10.57
 - o April 13: 7th at ABSA Run Your City 10K in 28:28
 - o May: 9th at ABSA Run Your City Cape Town 10K in 28:24
- Notes
 - o Brother of top South African distance runner Adrian Wildschutt

2025 Women's Medtronic TC 10 Mile Field – Sorted by Personal Bests (PB)

NAME	COUNTRY	BIB	PB	Athlete Biography	
				Page #s	
Annie Frisbie	USA	20106	52:01		
Sara Hall	USA	20104	52:37	#20101 Vestri	24
Paige Wood	USA	20109	52:38	#20102 Kemboi	24
Everlyn Kemboi	USA	20102	52:52	#20103 Chelangat	25
Mercy Chelangat	KENYA	20103	53:07	#20104 Hall	26
Molly Born	USA	20125	53:18	#20105 Tessema	26
Jessa Hanson	USA	20112	53:47	#20106 Frisbie	27
Jackie Gaughan	USA	20107	54:02	#20107 Gaughan	28
Jessica Gockley-Day	USA	20127	55:03	#20108 Fraser	28
Cleo Boyd	CANADA	20113	55:13	#20109 Wood	29
Dani Polerecky	USA	20128	55:55	#20110 Sailor	30
Amanda Mosborg	USA	20119	56:00	#20111 Parker	30
Allie Schiach	USA	20117	56:34	#20112 Hanson	31
Kathryn Fluehr	USA	20114	57:31	#20113 Boyd	32
Andrea Toppin	USA	20121	59:13	#20114 Fluehr	32
Nicolette St. Lawrence	USA	20122	59:18	#20115 Larson	33
Madeline Block	USA	20124	Debut	#20116 Gregoire	33
Mercy Cherono	KENYA	20126	Debut	#20117 Schiach	33
Vanessa Fraser	USA	20108	Debut	#20119 Mosborg	34
Erin Gregoire	USA	20116	Debut	#20120 Moriello	35
Rosa Moriello	USA	20120	Debut	#20121 Toppin	35
Kassandra Parker	USA	20111	Debut	#20122 St. Lawrence	36
Megan Sailor	USA	20110	Debut	#20123 Zander	36
Madeline Strandemo	USA	20129	Debut	#20124 Block	36
Atsede Baysa Tessema	ETHIOPIA	20105	Debut	#20125 Born	37
Amanda Vestri	USA	20101	Debut	#20126 Cherono	37
Franny Zander	USA	20123	Debut	#20127 Gockley-Day	38
				#20128 Polerecky	38
				#20129 Strandemo	39

Medtronic TC 10 Mile – Women

Amanda Vestri, USA

Twitter handle: @a_vestri

Instagram username: a_vestri

Age: 26

Current Residence: St. Augustine, Florida

Sponsor/Training Group: Brooks Running / ZAP Endurance

Bib: 20101

Personal Best 10 Mile: Debut

Additional Personal Bests

5,000 meters: 15:01.22 (2025)

10,000 meters: 31:10.53 (2024)

Half Marathon: 1:07:35 (2025)

- College:
 - o Syracuse University (NCAA Division I)
 - Two-time NCAA All-American
 - 2023 NCAA Outdoor Track & Field Championships – 7th in 10,000m
 - o Iowa State University (NCAA Division I)
 - Multiple-time All-Big 12 honoree
 - 13th in 3,000m at 2018 World U20 Championships while a student
- Post-Collegiate
 - o 2023 USATF Outdoor Championships – 8th in 10,000m
 - o 2023 New Haven Road Race – 10th
 - o 2023 USATF 5K Road Championships – 7th
 - o 2024 Sound Running The TEN 10,000m – 1st
 - o 2024 Night of the 10,000m PBs – 3rd
 - o 2024 U.S. Olympic Track & Field Team Trials – 5th in 10,000m
 - o 2024 USATF 10K Road Championships – 6th
- 2025 Results
 - o January: 4th at Aramco Houston Half Marathon in 1:07:35
 - o March 2: 3rd at USATF Half Marathon Championships in 1:08:17
 - o March 29: 18th at Sound Running's The TEN 10,000m in 31:56.56
 - o May: 5th at Sound Running's Track Fest 5,000m in 15:01.22
 - o June: 2nd at USATF 4 Mile Road Championships in 20:02
 - o July 12: 1st at USATF 6K Road Championships in 18:29
 - o July 31: 8th at USATF Outdoor Championships in 32:28.90

Everlyn Kemboi, USA

Twitter handle: @EverlynKemboi

Instagram username: am_just_eva

Age: 29

Current Residence: El Paso, Texas

Bib: 20102

Personal Best 10 Mile: 52:52 (2024 Medtronic TC 10 Mile)

Additional Personal Bests

5,000 meters: 15:20.67 (2023)

10,000 meters: 31:24.13 (2025)

Half Marathon: 1:10:06 (2025)

- College:
 - o El Paso Community College (NJCAA)
 - 4-time All-American and runner-up 2018 NJCAA Cross Country Championships
 - o Utah Valley University (NCAA Division I)

- 4-time All-American
- 10-time All-WAC and 9-time WAC Champion
- 10,000m Champion at 2023 NCAA Outdoor Championships
- 5,000m Runner-up at 2023 NCAA Outdoor Championships
- Post-Collegiate
 - 2023 Falmouth Road Race – 10th
 - 2023 B.A.A. Half Marathon – 16th
 - 2024 Sound Running's The TEN – 12th in 10,000m
 - 2024 UPMC Health Plan Pittsburgh Half Marathon – 3rd
 - 2024 Falmouth Road Race – 5th
 - **2024 Medtronic TC 10 Mile – Runner-up in 52:52**
- 2025 Results
 - March: 10th at Sound Running's Then TEN 10,000m in 31:24.13
 - May: 1st at UPMC Health Plan Pittsburgh Half Marathon in 1:10:06
 - June: 10th at Portland Track Festival 5,000m in 15:20.24
 - July: 8th at Peachtree 10K Road Race in 32:26
 - August: 6th at ASICS Falmouth Road Race in 36:42
- Notes
 - Favorite athletes are Faith Kipyegon and Sifan Hassan, and she is related to professional distance runner Gideon Kipketer

Mercy Chelangat, KENYA

Twitter handle: @MercyChelangat0

Instagram username: mercy.chelangat.777363

Age: 28

Current Residence: Flagstaff, Arizona

Sponsor/Training Group: HOKA NAZ Elite

Bib: 20103

Personal Best 10 Mile: 53:07 (2024 Medtronic TC 10 Mile)

Additional Personal Bests

3,000 meters: 8:53.16i (2022)

5,000 meters: 15:17.28 (2022)

10,000 meters: 31:15.39 (2024)

Half Marathon: 1:08:57 (2025)

Marathon: 2:23:33 (2025)

- College: University of Alabama (NCAA Division I)
 - 10-time All-American
 - 2-time NCAA Champion
 - 8-time SEC Champion
 - Champion – 2020 NCAA Division I Cross Country Championships
 - 5th and 2nd, respectively, in the 5,000m and 10,000m at the 2021 NCAA Division I Track & Field Championships
 - Runner-up at 2021 NCAA Division I Cross Country Championships
 - Champion – 10,000m at the 2022 NCAA Division I Outdoor Track & Field Championships
- Post-Collegiate
 - 2023 Boston Half Marathon – 18th
 - 2024 Houston Half Marathon – 10th
 - 2024 Sound Running's The TEN 10,000m – 9th
 - 2024 B.A.A. 5K Road Race – 7th
 - **2024 Medtronic TC 10 Mile – 3rd in 53:07**
 - 2024 B.A.A. Half Marathon – 8th
- 2025 Results
 - January: 9th at Aramco Houston Half Marathon in 1:08:57
 - May: 1st at Tartan Ottawa International Marathon in 2:23:33

- August: 5th at ASICS Falmouth Road Race in 36:38
- Notes
 - Her brother is Vincent Kiprop, another Alabama runner who was twice named the SEC Cross Country Men's Runner of the Year in 2017 and 2019
 - She has a five-year-old daughter named Audrey

Sara Hall, USA

Twitter handle: @SaraHall3

Instagram username: sarahall3

Age: 42

Current Residence: Flagstaff, Arizona

Bib: 20104

Personal Best 10 Mile: 52:37 (2023 Credit Union Cherry Blossom 10 Mile)

Additional Personal Bests

5,000 meters: 15:20.88 (2006)

10,000 meters: 31:21.90 (2021)

Half Marathon: 1:07:15 (2022)

Marathon: 2:20:32 (2020)

- College: Stanford University (NCAA Division I)
 - Seven-time All-American
 - Three-time NCAA Runner-up
 - 2003 NCAA Cross Country Championships – 3rd place, leading her team to the team title
- Post-Collegiate
 - 2005 USATF 5K Road Champion – Champion
 - **2016 USATF 10 Mile Championships – 4th in 53:33 (hosted by TCM)**
 - **2017 USATF 10 Mile Championships – Champion in 53:43 (hosted by TCM)**
 - 2017 USATF Marathon Championships -- Champion
 - **2018 USATF 10 Mile Championships – Champion in 52:47 (hosted by TCM)**
 - 2019 Berlin Marathon – 5th
 - **2019 USATF 10 Mile Championships – Champion in 53:11 (hosted by TCM)**
 - 2020 London Marathon – Runner-up
 - 2021 U.S. Olympic Track & Field Team Trials – 6th in 10,000m
 - 2021 Chicago Marathon – 3rd
 - 2022 Tokyo Marathon – 8th
 - 2022 World Athletics Outdoor Championships – 5th in Marathon
 - 2023 USATF 10 Mile Championships – Runner-up
 - 2024 U.S. Olympic Marathon Team Trials – 5th
 - 2024 Valencia Marathon – 10th
- 2025 Results
 - March 2: 9th in USATF Half Marathon Championships in 1:09:45
 - March 16: 10th at United Airlines NYC Half Marathon in 1:09:37
 - April: 18th at B.A.A. Boston Marathon in 2:26:32
 - August: 10th at Beach to Beacon 10K in 32:32
 - September 7th at USATF 20K Road Championships in 1:07:09
- Notes
 - Has won U.S. national titles at distances all the way from one mile to the marathon.
 - Married to Ryan Hall, one of the best American male distance runners of all-time himself and the former American record holder in the half marathon.

Atsede Baysa Tessema, ETHIOPIA

Age: 38

Current Residence:

Sponsor/Training Group:

Bib: 20105

Personal Best 10 Mile: Debut

Additional Personal Bests

10,000 meters: 32:15.69 (2020)

Half Marathon: 1:07:33 (2013)

Marathon: 2:22:03 (2012)

- Professional Career
 - o 2007 Istanbul Marathon – Champion
 - o 2009 Paris Marathon – Champion
 - o 2009 IAAF World Championships – 26th in Marathon
 - o 2010 Xiamen International Marathon – Champion
 - o 2010 Paris Marathon – Champion
 - o 2010 Chicago Marathon – Champion
 - o 2011 London Marathon – 4th
 - o 2011 IAAF World Championships – 14th in Marathon
 - o 2012 Chicago Marathon – Champion
 - o 2016 Boston Marathon – Champion
 - o 2021 Boston Marathon – 7th
 - o 2022 Florence Marathon – Champion
 - o 2024 Los Angeles Marathon – 3rd
 - o 2024 Lima Marathon -- Champion
- 2025 Results
 - o May 3: 5th at Save the 10,000m with Des and Kara in 32:50.89
 - o May 10: 4th at Amway River Bank 25K Road Race in 1:25:22
 - o May 25: 2nd at Lima Marathon in 2:28:32
 - o June: 10th at Portland Track Festival 10,000m in 33:13.74
 - o September: 2nd at Philadelphia Half Marathon Distance Run in 1:11:02
- Notes
 - o After Tessema won the 2016 Boston Marathon, she gave her trophy to Bobbi Gibb, who was the first woman to run and win the Boston Marathon and was also serving as that year's grand marshal of the race. Gibb accepted the trophy but promised to visit Tessema in Ethiopia one year later to return it, only to give it back to Tessema the following year when Tessema again came to the U.S. to run the Boston Marathon again.

Annie Frisbie, USA

Twitter handle: @frisbie1235

Instagram username: anniefrisb3

Age: 28

Current Residence: Hopkins, Minnesota

Sponsor/Training Group: PUMA / Minnesota Distance Elite

Bib: 20106

Personal Best 10 Mile: 52:01 (2024 Credit Union Cherry Blossom Ten Mile)

Additional Personal Bests

5,000 meters: 15:53.41 (2018)

Half Marathon: 1:07:34 (2024)

Marathon: 2:23:21 (2025)

- College: Iowa State University (NCAA Division I)
 - o Multi-Time All-Big 12 honoree
- Post-Collegiate
 - o 2021 USATF 10 Mile Championships – 3rd
 - o 2021 TCS New York City Marathon – 7th in 2:26:18
 - Fourth fastest debut ever for a U.S. woman at the time.

- **2019 USATF 10 Mile Championships – 5th in 54:00 (hosted by TCM)**
- 2021 USATF 10 Mile Championships – 5th
- 2021 New York City Marathon – 7th
- **2022 USATF 10 Mile Championships – Runner-up in 52:10 (hosted by TCM)**
- 2023 Boston Marathon – 20th
- 2023 Berlin Marathon – 16th
- 2024 U.S. Olympic Marathon Team Trials – 10th
- 2024 USATF 10 Mile Championships – 5th
- 2024 Garry Bjorklund Half Marathon – Champion
- 2024 Chicago Marathon – 14th
- 2025 Results:
 - March: 24th at USATF Half Marathon Championships in 1:13:31
 - April 6: 5th at USATF 10 Mile Championships in 52:10
 - April 21: 8th at Boston Marathon in 2:23:21
 - June: 1st at Garry Bjorklund Half Marathon in 1:09:05
 - July: 2nd at USATF 6K Road Championships in 18:36
 - September: 6th at USATF 20K Road Championships in 1:06:54

Jackie Gaughan, USA

Instagram username: jackie_gaughan

Age: 25

Current Residence: Boston, Massachusetts

Sponsor/Training Group: Saucony / Rhode Island Track Club

Bib: 20107

Personal Best 10 Mile: 54:02 (2024 Credit Union Cherry Blossom 10 Mile)

Additional Personal Bests

5,000 meters: 15:52.63 (2019)

10,000 meters: 32:24.82 (2024)

Half Marathon: 1:10:01 (2024)

Marathon: 2:24:40 (2024)

- College: Notre Dame (NCAA Division I)
 - Multiple-time All-ACC honoree and NCAA Championships qualifier
- Post-Collegiate
 - 2022 B.A.A. Boston Half Marathon – 11th
 - 2023 Houston Marathon – 12th
 - 2023 Ottawa Marathon – 5th
 - 2023 USATF Outdoor Championships – 11th in 10,000m
 - 2023 Berlin Marathon – 17th
 - 2024 U.S. Olympic Marathon Team Trials – 25th
 - 2024 USATF 10 Mile Championships – 9th
 - 2024 California International Marathon – Runner-up
- 2025 Results
 - April: 21st at Boston Marathon in 2:32:07
- Notes
 - Works full-time in investment research for a financial services firm while training up to 130 miles per week during the bulk of her training.

Vanessa Fraser, USA

Twitter handle: @locknessmonstar

Instagram username: nesafraser

Age: 30

Current Residence: San Francisco, California

Sponsor/Training Group: Saucony

Bib: 20108

Personal Best 10 Mile: Debut

Additional Personal Bests

3,000 meters: 8:51.39 (2020)

5,000 meters: 14:48.51 (2020)

10,000 meters: 31:52.11 (2022)

Half Marathon: 1:11:00 (2023)

- College: Stanford University (NCAA Division I)
 - o Seven-time All-American
 - o 2018 Pac-12 10,000m Champion
 - o 2018 NCAA Indoor Championships – 4th in 3,000m and 2nd in DMR
 - o 2018 NCAA Outdoor Championships – 4th in 5,000m
- Post-Collegiate
 - o 2018 USATF Outdoor Championships – 5th in 5,000m
 - o 2021 U.S. Olympic Track & Field Team Trials – 13th in 5,000m
 - o 2023 Houston Half Marathon – 13th
 - o 2023 USATF Outdoor Championships – 12th in 10,000m
 - o 2024 USATF Los Angeles Grand Prix – 14th in 5,000m
- 2025 Results
 - o February: 7th at Boston University Valentine Invitational 5,000m in 15:18.98
 - o March: 20th at Sound Running's The TEN 10,000m in 32:21.01
 - o April: 14th at Boston 5K in 15:45
 - o July 12: 6th at Sound Running's Sunset Tour 1,500m in 4:13.89
 - o July 31: 12th at USATF Outdoor Championships 10,000m in 33:08.28

Paige (Stoner) Wood, USA

Twitter handle: @PaigeStoner11

Instagram username: paigestoner11

Age: 29

Current Residence: Flagstaff, Arizona

Sponsor/Training Group: HOKA NAZ Elite

Bib: 20109

Personal Best 10 Mile: 52:38 (2022 Credit Union Cherry Blossom 10 Mile)

Additional Personal Bests

5,000 meters: 15:16.17 (2022)

10,000 meters: 31:22.55 (2022)

Half Marathon: 1:09:20 (2025)

Marathon: 2:26:02 (2022)

- College: Syracuse University (NCAA Division I)
 - o Four-Time NCAA Division I All-American
 - o Four-Time ACC Conference Champion
 - o 2018 NCAA Division I Outdoor Track & Field Championships 3,000m Steeple – 3rd
- Post-Collegiate
 - o 2019 USATF Outdoor Championships – 7th
 - o 2020 USATF 15K Championships – 8th
 - o 2020 The Marathon Project Marathon – 7th
 - o 2021 U.S. Olympic Track & Field Team Trials – 34th in 10,000m
 - o 2021 B.A.A. Boston Marathon – 18th
 - o 2022 USATF Outdoor Championships – 12th in 10,000m
 - o 2023 USATF Half Marathon Championships – 6th
 - o **2024 Medtronic TC 10 Mile – 7th in 53:58**
 - o 2024 USATF 5K Road Championships – 7th

- 2025 Results
 - o January: 14th at Aramco Houston Half Marathon in 1:09:20
 - o March: 19th at United Airlines NYC Half Marathon in 1:13:48
 - o June: 3rd at Grandma's Marathon in 2:30:24

Megan (Hasz) Sailor, USA

Instagram username: meganhasz

Age: 28

Current Residence: Boston, Massachusetts

Sponsor/Training Group: Boston Athletic Association

Bib: 20110

Personal Best 10 Mile: Debut

Additional Personal Bests

5,000 meters: 15:33.48 (2023)

10,000 meters: 33:09.57 (2019)

Half Marathon: 1:10:13 (2025)

- High School: Alexandria High School (Minnesota)
 - o Seven-time All-State honoree
 - o 2014 Minnesota State Cross Country Champion – Class AA
 - o Finished in top-six at the state cross country meet four times
 - o High School All-American by finishing 5th at the 2014 Nike Cross Nationals
 - o 2014 Minnesota Gatorade Cross Country Runner of the Year
- College: University of Minnesota – Twin Cities (NCAA Division I)
 - o Multiple-time All-Big Ten honoree and NCAA All-American
 - o 2021 Big Ten Cross Country Champion
 - o 2021 NCAA Cross Country Championships – 23rd
- Post-Collegiate
 - o 2023 USATF Los Angeles Grand Prix – 9th in 5,000m
 - o 2023 USATF 5K Road Championships – 13th
 - o 2024 B.A.A. Half Marathon – 10th
 - o 2024 Manchester Road Race – 10th
- 2025 Results
 - o January: 20th at Aramco Houston Half Marathon in 1:10:13
 - o April: 10th at Boston Road 5K in 15:27
 - o May: 2nd at USATF 25K Road Championships in 1:23:52
 - o August 2: 9th at Beach to Beacon 10K in 32:28
 - o August 17: 9th at ASICS Falmouth Road Race in 37:15
 - o September: 8th at USATF 20K Road Championships in 1:07:17
- Notes
 - o Megan watched all forty seasons of the TV Show Survivor during the COVID-19 pandemic.

Kassandra Parker, USA

Twitter handle: @Kassieparker199

Instagram username: kassie.parker19

Age: 26

Current Residence: Waverly, Iowa

Sponsor / Training Group: Crown Running

Bib: 20111

Personal Best 10 Mile: Debut

Additional Personal Bests

5,000 meters: 15:37.00 (2023)

10,000 meters: 32:36.22 (2023)

- College: Loras College (NCAA Division III)
 - o Seven-time NCAA Champion and 15-time All-American
 - o 15-time American Rivers Conference Champion
- Post-Collegiate
 - o 2023 U.S. 5K Road Championships – 18th
 - o 2023 Sound Running Cross Champs 10k – 7th
 - o 2024 Portland Track Festival – 12th in 10,000m
 - o 2024 USATF 8K Road Championships – 9th
- 2025 Results
 - o January: 6th at USATF Cross Country Championships 10K in 36:11
 - o March: 6th at Gate River Run 15K in 50:50
 - o April: 14th at USATF 1 Mile Road Championships in 5:02.68
 - o May: 3rd at USATF 25K Road Championships in 1:24:46
 - o June: 6th at USATF 4 Mile Road Championships in 21:43
 - o September: 9th at USATF 20K Road Championships in 1:07:47
- Notes
 - o Ran for Hansons-Brooks Original Distance Project after graduating from Loras, but is not listed on the Hansons-Brooks roster anymore.

Jessa Hanson, USA

Instagram username: jessa.hanson

Age: 26

Current Residence: Spicer, Tennessee

Sponsor / Training Group: adidas / Verde Track Club

Bib: 20112

Personal Best 10 Mile: 53:47 (2023 Credit Union Cherry Blossom 10 Mile)

Additional Personal Bests

10,000 meters: 32:47.00 (2020)

Half Marathon: 1:11:26 (2023)

Marathon: 2:31:02 (2024)

- High School: Willmar High School (MN)
 - o 2017 Minnesota State Track & Field Class AA Championships 1600m – 6th
 - o 2016 Nike Cross Nationals – 66th and Willmar placed 5th as a team
 - o 2016 Nike Cross Heartland Regional – 10th
 - o 2016 Minnesota State Cross Country Class AA Championships – 7th
 - o 2015 Minnesota State Cross Country Class AA Championships – 13th
 - o 2014 Minnesota State Cross Country Class AA Championships – 24th
- College: Northern Arizona University (NCAA Division I)
 - o 2022 NCAA Division I Outdoor Track & Field Championships 10,000m – 11th
 - o 2021 NCAA Division I Outdoor Track & Field Championships 10,000m – 11th
 - o Two-Time NCAA Division I All-American
 - o Multi-Time All-Big Sky Conference Honoree
- Post-Collegiate:
 - o **2022 USATF 10 Mile Championships – 15th in 54:32 (hosted by TCM)**
 - o 2022 B.A.A. Half Marathon – 8th
 - o 2023 USATF Half Marathon Championships – 5th
 - o 2023 USATF 25K Road Championships – 3rd
 - o 2024 U.S. Olympic Marathon Team Trials – 18th
 - o 2024 New York City Marathon – 20th
- 2025 Results
 - o March: 5th at Gate River Run 15K in 50:20
 - o April: 12th at USATF 10 Mile Championships in 54:20
- Notes
 - o Dating top U.S. 800m runner Bryce Hoppel

Cleo Boyd, CANADA

Instagram username: cleo_runs

Age: 32

Current Residence: Charlottesville, Virginia

Bib: 20113

Personal Best 10 Mile: 55:13 (2024 Medtronic TC 10 Mile)

Additional Personal Bests

5,000 meters: 15:44.14 (2024)

10,000 meters: 33:02.29 (2021)

Half Marathon: 1:14:16 (2023)

- College: University of Virginia (NCAA Division I)
 - o Three-time NCAA Championships qualifier
 - o Four-time All-ACC honoree
- Post-Collegiate
 - o 2017 Toronto Waterfront Half Marathon – Runner-up
 - o 2019 Victoria Half Marathon – Champion
 - o 2021 Ontario U20 Championships – 5,000m Champion
 - o 2021 Canadian 10K Road Championships – Runner-up
 - o 2023 Canadian Track & Field Championships – 3rd in 10,000m
 - o 2024 Canadian 10K Road Championships – Runner-up
 - o **2024 Medtronic TC 10 Mile – 14th in 55:13**
 - o 2024 Philadelphia Half Marathon – 6th
- 2025 Results
 - o March: 2nd at McKirdy Micro 10K Road Race in 33:45

Kathryn Fluehr, USA

Instagram username: kathryn_fluehr

Age: 32

Current Residence: Boulder, Colorado

Bib: 20114

Personal Best 10 Mile: 57:31 (2019 Medtronic TC 10 Mile)

Additional Personal Bests

5,000 meters: 16:21.13 (2015)

10,000 meters: 34:29.59 (2016)

Half Marathon: 1:12:46 (2025)

Marathon: 2:35:56 (2023)

- College:
 - o University of New Mexico (NCAA Division I)
 - 2016 NCAA Division I Cross Country Championships – 207th
 - o Princeton University (NCAA Division I):
 - Four-Time All-Ivy League Honoree and 2015 All-Mid-Atlantic Region Cross Country
- Post-Collegiate
 - o **2018 USATF 10 Mile Championships – 25th in 58:29 (hosted by TCM)**
 - o **2019 USATF 10 Mile Championships – 25th in 57:31 (hosted by TCM)**
 - o 2021 Indianapolis Monumental Half Marathon – 9th
 - o 2022 Bayshore (Mich.) Marathon – Runner-up
 - o **2022 USATF 10 Mile Championships – 25th in 57:35 (hosted by TCM)**
 - o 2023 Chicago Marathon – 25th
 - o 2024 U.S. Olympic Marathon Team Trials – 50th
 - o 2024 California International Marathon – 17th
- 2025 Results

- March: 5th at Project 13.1 NY in 1:12:46
- May: 9th at USATF 25K Road Championships in 1:31:37
- June: 9th at Garry Bjorklund Half Marathon in 1:15:32

Kaytlyn Larson, USA

Age: 28

Current Residence: Lakeville, Minnesota

Bib: 20115

Personal Best 10 Mile: Debut

Additional Personal Bests

800 meters: 2:04.29 (2021)

1,500 meters: 4:17.29 (2025)

- College: Oklahoma State University (NCAA Division I)
 - Multiple-time All-Big 12 and NCAA All-American
 - 2021 NCAA Outdoor Championships – 12th in 800m
- Post-Collegiate
 - All post collegiate races were in 2025 and are listed below.
- 2025 Results
 - February: 4th at Tyson Invitational 800m in 2:11.52
 - June 15: 4th at Portland Track Festival 1500m in 4:17.29
 - June 18: 3rd at Mini Apple Night of Miles in 4:43.53
 - July 12: 10th at Sound Running Sunset Tour 1,500m in 4:21.93
 - July 19: 7th at Stumptown Twilight 1,500m in 4:28.89

Erin Gregoire, USA

Instagram username: gregoirerin

Age: 28

Current Residence: New York, New York

Sponsor/Training Group: Lost Boys Track Club

Bib: 20116

Personal Best 10 Mile: Debut

Additional Personal Bests

Half Marathon: 1:13:37 (2024)

Marathon: 2:37:36 (2022)

- College: Columbia University (NCAA Division I)
 - Two-time NCAA Cross Country Championships qualifier
 - Ivy League Champion and multiple-time All-Ivy League honoree
- Post-Collegiate
 - 2021 Copenhagen Half Marathon – 12th
 - 2021 USATF 5K Road Championships – 20th
 - 2022 Brooklyn Half Marathon – Champion
 - 2022 Berlin Marathon – 27th
 - 2024 U.S. Olympic Marathon Team Trials – 84th
 - 2024 Valencia Half Marathon – 39th
- 2025 Results
 - January: 1st at NYRR Night at the Races 5,000m in 16:19.31
 - March: 9th at Project 13.1 NY in 1:14:57

Allie Schiach, USA

Instagram username: allieschaich

Age: 32

Current Residence: Englewood, Colorado

Bib: 20117

Personal Best 10 Mile: 56:34 (2022 Medtronic TC 10 Mile)

Additional Personal Bests

Half Marathon: 1:13:00 (2023)

Marathon: 2:34:41 (2022)

- College: Rice University (NCAA Division I)
 - o Multiple-time All-Conference USA honoree
- Post-Collegiate
 - o 2020 U.S. Olympic Marathon Team Trials – 69th
 - o 2021 Chicago Marathon – 34th
 - o 2022 Leadville Marathon – 3rd
 - o **2022 USATF 10 Mile Championships – 23rd in 56:34 (hosted by TCM)**
 - o 2023 Eugene Half Marathon – 3rd
 - o 2023 Garry Bjorklund Half Marathon – 3rd
 - o 2023 Grand Traverse Mountain 40 Mile – 4th
 - o 2023 Perpetua Coast Trail 50K – Runner-up
 - o 2024 U.S. Olympic Marathon Team Trials – 42nd
- 2025 Results
 - o January: 34th at Aramco Houston Half Marathon in 1:14:57
- Notes
 - o Completely quit running for 2.5 years because she was burnt out, but found a great running community when living in Houston and took to the marathon.
 - o When she won the Three Sisters' Skyline Half Marathon in 2023, her dog "Cactus" ran the whole race with her.

Amanda Mosborg, USA

Twitter handle: @amandagracie7

Instagram username: amandagracie7

Age: 26

Current Residence: St. Paul, Minnesota

Sponsor/Training Group: Railroad Athletics / Collegeville Track Club

Bib: 20119

Personal Best 10 Mile: 56:00 (2024 Medtronic TC 10 Mile)

Additional Personal Bests

5,000 meters: 16:37.62 (2025)

Marathon: 2:38:03 (2025)

- High School: Edina High School (MN)
 - o Three-time All-State honoree in cross country, but never qualified for Minnesota state track meet
 - o 6th at 2016 MSHSL Cross Country Championships, leading Edina to team title
 - o 80th at 2016 Nike Cross Nationals (Edina 12th as team)
- College
 - o Carleton College (NCAA Division III)
 - 8-time All-MIAC and 2-time MIAC Champion
 - 13th at 2019 NCAA Cross Country Championships (All-American)
 - o Northwestern University (NCAA Division I)
 - Participated in cross country / track & field as a graduate student
 - 61st at 2021 Big Ten Cross Country Championships
- Post-Collegiate
 - o **2022 Medtronic TC 10 Mile – 8th in 1:01:27 (non-elite division)**
 - o 2024 Grandma's Marathon – 31st
 - o **2024 Medtronic TC 10 Mile – 17th in 56:00**
- 2025 Results

- January: 1st at Jack Johnson Classic Mile in 5:01.48
- February: 1st at Maverick Premier 5,000m in 16:37.62
- April: 45th at Boston Marathon in 2:38:03

Rosa Moriello, USA

Instagram username: rosamoriello_

Age: 33

Current Residence: Englewood, Colorado

Bib: 20120

Personal Best 10 Mile: Debut

Additional Personal Bests

5,000 meters: 15:45.79 (2018)

Marathon: 2:37:44 (2023)

- College: Boston University (NCAA Division I)
 - Seven-time Patriot League Champion
- Post-Collegiate
 - 2017 Great Edinburgh Cross Country – Team USA Member
 - 2018 Great Edinburgh Cross Country – Team USA Member
 - 2018 USATF 15K Road Championships – 6th
 - 2021 Ozark Foothills 50 Mile – Champion
 - 2021 California International Marathon – 44th
 - 2023 Grandma's Marathon – 30th
 - 2024 U.S. Olympic Marathon Team Trials – 70th
- 2025 Results
 - No results yet.

Andrea Toppin, USA

Twitter handle: @atop1212

Instagram username: drandreatoppin

Age: 32

Current Residence: Broomfield, Colorado

Bib: 20121

Personal Best 10 Mile: 59:13 (2022 Medtronic TC 10 Mile)

Additional Personal Bests

5,000 meters: 16:55.73 (2013)

Half Marathon: 1:15:53 (2019)

Marathon: 2:42:22 (2018)

- College: Iowa State University (NCAA Division I)
 - Five-Time Academic All-Big 12 Honoree
- Post-Collegiate
 - **2017 Medtronic Twin Cities Marathon – 10th in 2:52:53**
 - **2018 U.S. 10 Mile Championships – 31st in 59:57 (hosted by TCM)**
 - 2019 U.S. 15K Championships – 17th
 - 2020 U.S. Olympic Marathon Team Trials – DNF
 - 2022 Grandma's Marathon – 37th
 - **2022 U.S. 10 Mile Championships – 33rd in 59:13 (hosted by TCM)**
 - **2024 Medtronic TC 10 Mile – 25th in 1:04:04**
- 2025 Results
 - No results found
- Notes
 - Doctor of Chiropractic

Nicolette St. Lawrence, USA

Instagram username: nstlawrence

Age: 32

Current Residence: Boulder, Colorado

Bib: 20122

Personal Best 10 Mile: 59:18 (2022 New Balance Bronx 10 Mile)

Additional Personal Bests

Half Marathon: 1:14:45 (2023)

Marathon: 2:35:51 (2024)

- Post-Collegiate
 - o 2018 Philadelphia Half Marathon – 9th
 - o 2021 USATF 5K Road Championships – 30th
 - o 2022 California International Marathon – 52nd
 - o 2024 California International Marathon – 16th
- 2025 Results
 - o March: 17th at Project 13.1 NY in 1:16:27
- Notes
 - o Works as Vice President at Goldman Sachs in NY

Franny Zander, USA

Instagram username: frannyzander_runningcoach

Age: 33

Current Residence: Boise, Idaho

Bib: 20123

Personal Best 10 Mile: Debut

Additional Personal Bests

Marathon: 2:52:29 (2023)

- Post-Collegiate
 - o **2019 Medtronic Twin Cities Marathon – 27th in 2:59:01**
 - o 2019 Eugene Marathon – 16th
 - o 2023 California International Marathon – 157th
- 2025 Results
 - o No results found

Madeline Block, USA

Age: 26

Current Residence: Marion, Iowa

Bib: 20124

Personal Best 10 Mile: Debut

Additional Personal Bests

Half Marathon: 1:16:38 (2025)

Marathon: 2:40:18 (2024)

- College: University of Iowa (NCAA Division I) / University of Northern Iowa (NCAA Division I)
 - o Four year member of the cross country / track & field teams.
- Post-Collegiate
 - o 2023 USATF Outdoor Championships 10,000m – DNF
 - o 2023 California International Marathon – 102nd
 - o 2024 California International Marathon – 35th
- 2025 Results
 - o January: 5th at Larry Wiecezorek Invitational 3,000m in 9:58.12

- March: 34th at USATF Half Marathon Championships in 1:16:38
- April: 3rd at Drake Relays 10,000m in 34:53.19

Molly Born, USA

Instagram username: born_molly

Age: 25

Current Residence: Chapel Hill, North Carolina

Sponsor / Training Group: PUMA Elite

Bib: 20125

Personal Best 10 Mile: 53:18 (2024 Medtronic TC 10 Mile)

Additional Personal Bests

5,000 meters: 15:20.89 (2024)

10,000 meters: 32:27.18 (2024)

- College: Oklahoma State University (NCAA Division I)
 - 4-time All-American
 - 16th at 2019 NCAA Cross Country Championships
 - 4th in 10,000m at 2024 NCAA Outdoor Championships
- Post-Collegiate
 - 2024 U.S. Olympic Track & Field Team Trials – 15th in 10,000m
 - **2024 Medtronic TC 10 Mile – 4th in 53:18**
 - 2024 USATF 5K Road Championships – 10th
- 2025 Results
 - June: 3rd at USATF 4 Mile Road Championships in 20:10
 - July: 4th at USATF 6K Road Championships in 18:41
 - August: 4th at Beach to Beacon 10K Road Race in 31:55

Mercy Cherono, KENYA

Instagram username: mercy_cherono_k

Age: 34

Current Residence: Kericho, Kenya

Bib: 20126

Personal Best 10 Mile: Debut

Additional Personal Bests

3,000 meters: 8:21.14 (2014)

5,000 meters: 14:33.95 (2016)

10K Road: 30:55 (2022)

- Professional Career
 - 2008 IAAF World Junior Championships – 3,000m Champion
 - 2010 IAAF World Junior Championships – 3,000m Champion
 - 2010 IAAF World Cross Country Championships – U20 Champion
 - 2011 IAAF World Outdoor Championships – 5,000m Runner-up
 - 2013 Prefontaine Classic – 5,000m Runner-up
 - 2013 IAAF World Outdoor Championships – 5,000m Runner-up
 - 2015 Prefontaine Classic – 1,500m Runner-up
 - 2016 Rio Olympics – 4th in 5,000m
 - 2022 Houilles (France) International 10K Road Race – Champion
- 2025 Results
 - February: 7th at Kenyan Cross Country Championships
 - May: 5th at Kip Keino Classic 5,000m in 15:28.87
 - June 22: 11th at B.A.A. Road 10K in 32:59
 - June 27: 5th at Kenyan Outdoor Championships 5,000m in 15:51.12
- Notes

- Gap in her running career lately are due to maternity leave.

Jessica Gockley-Day, USA

Instagram username: jessica.j.day

Age: 27

Current Residence: Fountain, Colorado

Sponsor / Training Group: Saucony

Bib: 20127

Personal Best 10 Mile: 55:03 (2024 Medtronic TC 10 Mile)

Additional Personal Bests

5,000 meters: 15:43.02 (2024)

10,000 meters: 32:16.98 (2024)

Half Marathon: 1:09:37 (2025)

- College: Grand Valley State University (NCAA Division II)
 - Multiple-time All-GLIAC honoree and four-time GLIAC Champion
 - 9-time NCAA Division II All-American
- Post-Collegiate
 - 2023 Portland Track Festival – 5,000m Champion
 - 2024 Houston Half Marathon – 19th
 - 2024 Sound Running The TEN 10,000m – 5th
 - 2024 U.S. Olympic Track & Field Team Trials – 21st in 10,000m
 - **2024 Medtronic TC 10 Mile – 12th in 55:03**
- 2024 Results
 - January: 16th at Aramco Houston Half Marathon in 1:09:37
 - May 3: 15th at USATF 5K Road Championships in 15:57
 - May 24: 12th at Sound Running's Track Fest 5,000m in 15:50.68
 - June: 7th at Portland Track Festival 10,000m in 32:46.05
 - July 12: 4th at Sound Running's Sunset Tour 5,000m in 15:46.52
 - July 31: DNF at USATF Outdoor Championships 10,000m
- Notes
 - Paraprofessional at Fountain-Fort Carson School District in Fountain, CO

Dani (Shanahan) Polerecky, USA

Instagram username: danishani

Age: 31

Current Residence: Flagstaff, Arizona

Sponsor/Training Group: McKirdy Trained

Bib: 20128

Personal Best 10 Mile: 55:55 (2025 Credit Union Cherry Blossom 10 Mile)

Additional Personal Bests

5,000 meters: 15:17.62 (2021)

10,000 meters: 31:22.86 (2020)

Half Marathon: 1:11:08 (2025)

- College: Loyola Marymount (NCAA Division I)
 - Three-time NCAA Championships Qualifier
 - NCAA All-American and All-West Coast Conference
- Post-Collegiate
 - 2018 USATF Outdoor Championships – 14th in 5,000m
 - 2019 USATF Outdoor Championships – 14th in 10,000m
 - 2019 USATF 5K Road Championships – 16th
 - 2023 USATF 5K Road Championships – 10th
 - 2024 Sound Running Track Fest – 5th in 5,000m

- 2025 Results
 - o January: 25th at Aramco Houston Half Marathon in 1:11:08
 - o March: 10th at Gate River Run 15K in 51:54
 - o April: 16th at USATF 10 Mile Championships in 55:55
 - o May: 3rd at Save the 10,000m with Des and Kara in 32:37.67
 - o June: 33rd at New York Mini 10K in 34:58

Madeline Strandemo, USA

Twitter handle: @mstrandemo

Instagram username: mstrandemo

Age: 30

Current Residence: Duluth, Minnesota

Bib: 20129

Personal Best 10 Mile: Debut

Additional Personal Bests

800 meters: 2:08.57 (2017)

1,500 meters: 4:12.68 (2021)

3,000 meters: 8:54.84 (2022)

3,000 meter Steeplechase: 9:42.08 (2023)

- College: University of Minnesota – Twin Cities (NCAA Division I)
 - o Multiple-time All-Big Ten honoree
 - o 2016 NCAA Division I Cross Country Championships – 51st
 - o 2017 Indoor Big Ten Track & Field Championships – Champion in Mile
 - o 2017 NCAA Division I Outdoor Track & Field Championships – 9th in 3,000m Steeplechase
 - o 2017 Big Ten Cross Country Championships – Runner-up
- Post-Collegiate
 - o 2018 USATF Outdoor Championships – 8th in 3,000m Steeplechase
 - o 2020 U.S. Olympic Track & Field Team Trials – 15th in 3,000m Steeplechase
 - o 2022 USATF Indoor Championships – 10th in 3,000m
 - o 2022 Ryan Shay Memorial Road Mile – Runner-up
 - o 2023 Drake Relays – 13th in 1,500m
 - o 2023 USATF Outdoor Championships – 13th in 3,000m Steeplechase
- 2025 Results
 - o September: 4th at City of Lakes Half Marathon in 1:19:33
- Notes
 - o Working full-time as an Sourcing Manager for Target